

Table S3. Species pairs used in temperate–tropical pair-wise comparison of tissue masses

Temperate species	Tropical species
Mourning dove <i>Zenaida macroura</i>	White-tipped dove <i>Leptotila verreauxi</i>
Ruby-throated hummingbird <i>Archilochus colubris</i>	Rufous-tailed hummingbird <i>Amazilia tzacatl</i>
Eastern phoebe <i>Sayornis phoebe</i>	Social flycatcher <i>Myiozetetes similis</i>
Red-eyed vireo <i>Vireo olivaceus</i>	Yellow-green vireo <i>Vireo flavoviridis</i>
Tree swallow <i>Tachycineta bicolor</i>	Mangrove swallow <i>Tachycineta albilinea</i>
Northern house wren <i>Troglodytes aedon</i>	Southern house wren <i>Troglodytes musculus</i>
Northern mockingbird <i>Mimus polyglottos</i>	Tropical mockingbird <i>Mimus gilvus</i>
American robin <i>Turdus migratorius</i>	Clay-colored thrush <i>Turdus grayi</i>
American goldfinch <i>Astragalinus tristis</i>	Thick-billed euphonia <i>Euphonia laniirostris</i>
Song sparrow <i>Melospiza melodia</i>	Black-striped sparrow <i>Arremonops conirostris</i>