



Juvenile

Adult

Fig. S1. Spotted munia (*Lonchura punctulata*) juvenile and adult.

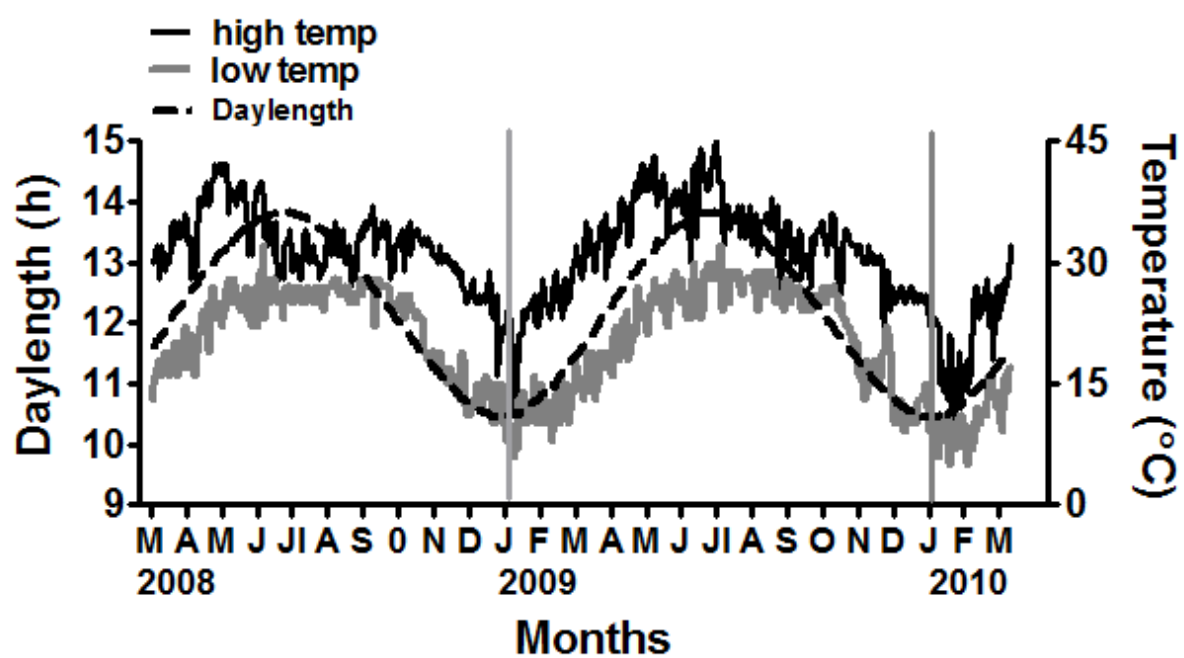


Fig. S2. Day length and temperature cycles at Lucknow, India ($26^{\circ}55'N$, $80^{\circ}59'E$) (NDL condition), as per data from the meteorological station.



Fig. S3. Photograph of one chronocubicle (partly seen, not to size).

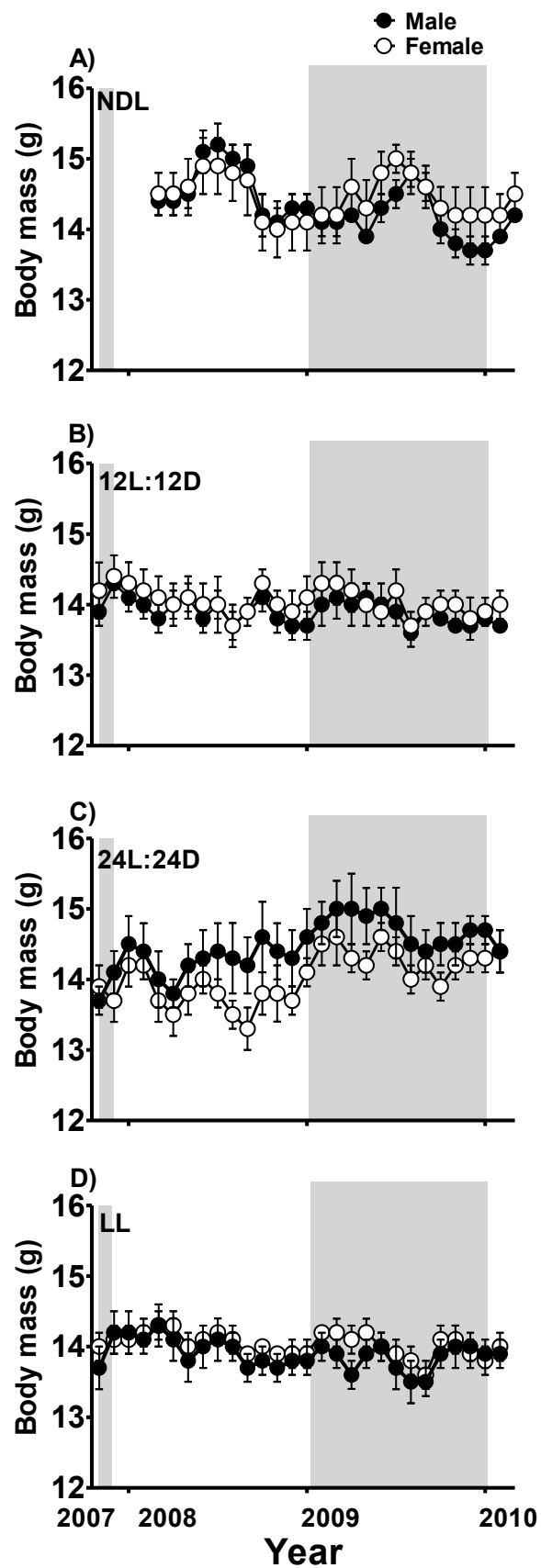


Fig. S4. Changes in spotted munia body mass (means \pm s.e.m.) over the experimental period of 28 months for the (A) ND, (B) 12L:12D, (C) 24L:24D and (D) LL conditions. Note the regular cycle in ND (A) but not in the other light conditions.