



Fig. S1. Mean (\pm SD) number (A) and mass (B; mg) of gastroliths (gizzard ‘rocks’) collected from king quail offered low fibre (LF; $n = 6$), high fibre balanced (HFB; $n=6$) and high fibre unbalanced (HFU; $n = 5$) diets. Note: Gizzard contents from one quail offered the HFU diet was inadvertently discarded.