

Movie 1. High-speed video (120 frames s^{-1}) showing the plantigrade walking gait of an adult female polar bear walking on a treadmill at 2 km h^{-1} .



Movie 2. High-speed video (120 frames $\rm s^{-1}$) showing the plantigrade walking gait of an adult female grizzly bear walking on a treadmill at 2.8 km $\rm h^{-1}$.