

SHORT COMMUNICATION

The energetics of ‘airtime’: estimating swim power from breaching behaviour in fishes and cetaceans

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ABSTRACT

Displays of maximum swimming speeds are rare in the laboratory and the wild, limiting our understanding of the top-end athletic capacities of aquatic vertebrates. However, jumps out of the water – exhibited by a diversity of fish and cetaceans – might sometimes represent a behaviour comprising maximum burst effort. We collected data on such breaching behaviour for 14 fish and cetacean species primarily from online videos, to calculate breaching speed. From newly derived formulae based on the drag coefficient and hydrodynamic efficiency, we also calculated the associated power. The fastest breaching speeds were exhibited by species 2 m in length, peaking at nearly 11 m s⁻¹; as species size decreases below this, the fastest breaches become slower, while species larger than 2 m do not show a systematic pattern. The power associated with the fastest breaches was consistently ~50 W kg⁻¹ (equivalent to 200 W kg⁻¹ muscle) in species from 20 cm to 2 m in length, suggesting that this value may represent a universal (conservative) upper boundary. And it is similar to the maximum recorded power output per muscle mass recorded in any species of similar size, suggesting that some breaches could indeed be representative of maximum capability.

KEY WORDS: Cetacean, Fish, Hydrodynamics, Jump, Teleost, Velocity

INTRODUCTION

The maximum speeds an animal can achieve are rarely displayed in the laboratory, or indeed in the field; wild animals are only occasionally observed moving flat out (Lutcavage et al., 2000; Wilson et al., 2015). Even during predator–prey interactions, maximum speeds are rarely exhibited (e.g. Husak et al., 2006). Measures of maximum power in animals are therefore difficult to obtain, and methods that encourage maximum physical effort from subject animals can be ethically questionable. This is unfortunate, because an understanding of maximum speed and power provides insights into the morphological and physiological capabilities and limitations that have evolved in species usually highly adapted to the environments they inhabit.

Possibly, however, there is a natural behaviour exhibited by a diversity of aquatic animals that is not only sometimes undertaken with maximum speed and power, but is also easy to record – jumping clear of the water, otherwise known as breaching. In some species at least, locomotion speed is documented to be greater during breaching than at any other time (Johnston et al., 2018; Watanabe et al., 2013). There is only a small amount of published data quantifying the nature

of breaches in jumping animals (Tanaka et al., 2019), but many breaches have been documented on video, which are freely available on the worldwide web. An initial estimate of an animal’s breaching speed can often be obtained from video recordings simply by timing the duration that the animal is above the water surface, coupled with breaching angle from horizontal (Johnston et al., 2018). From breaching speed, the mechanical power needed to achieve that breach can be estimated with knowledge of the drag coefficient and hydrodynamic efficiency. In turn, the drag coefficient can be estimated using semi-empirical methods (Iosilevskii and Papastamatiou, 2016); the hydrodynamic propulsion efficiency (the ratio of the mechanical power to the power supplied by the muscles) can be estimated from swimming gait. We present and interpret the analysis of the speed and power of breaching by fish and cetaceans ranging in length from 20 cm to 14 m.

MATERIALS AND METHODS

Data on breaching speed and breaching angle from horizontal were collected for 14 species of fishes and cetaceans spanning (tip of snout to fork of tail) lengths from 0.2 to 14 m (Table 1). Breaching data were obtained predominantly from videos available on www.youtube.com. Only those segments of video that represented the entirety of clearly discernible jumps shown at full speed were analysed. The time that the animal was out of the water τ during a breach was estimated from video footage, following a refined approach to that taken by Johnston et al. (2018) for basking and white sharks; that study also validated the approach with direct measures of speed obtained from an animal-attached data logger. The time was measured from the moment the snout of the animal broke the water surface until the animal’s estimated centre of mass reached the same height above the water on descent that it was during ascent at the point that the body just cleared the water. The angle of the breach from horizontal, γ , was estimated visually at the same point (only breaches close to vertical were included in analysis). Justification of this approach is in Appendix 1. The length of the animal was bracketed $\pm 30\%$ around the typical length associated with the particular species according to specialist taxonomy websites Wikipedia and FishBase, or, when possible, the typical length determined from direct observations (Parsons et al., 2016).

The speed of the animal just prior to piercing the water surface, v_0 , was estimated from the time it spent out of the water τ with

$$v_0 \approx \frac{g\tau}{2 \sin \gamma} \left(1 - \frac{A}{4} \right) - \frac{l}{\tau} \cos^2 \gamma, \quad (1)$$

where g is the acceleration of gravity, l is body length, γ is the angle of the breach from horizontal, and A is the ratio of the drag coefficient based on the maximal area of the animal in the traverse plane and prismatic coefficient of its body (the ratio between the volume of the body and the minimal cylinder enclosing it). The derivation of Eqn 1 is in Appendix 1. In Eqn 1, the first factor, $g\tau/2 \sin \gamma$, is the breach velocity that the animal would have had if it were a point mass; the second factor, $(1-A/4)$, is the correction due

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Table 1. The fastest three breaches of the species included in the analyses. Videos for all breaches are listed, with start time points included for the fastest three.

Species	N	l (m)	τ (s)	γ (deg)	A	v_0 (m s ⁻¹)	P/m (W kg ⁻¹)	Data source	
								Video*	Length (l)
African tetra [‡] <i>Alestes</i> sp.	–	0.2	0.90	90	0.17	4.4	36.2	Matthes, 1977	FishBase
Basking shark [§] <i>Cetorhinus maximus</i>	13	6.4	1.2	80	0.09	6.0	1.5	Johnston et al., 2018	FishBase
			1.1	80	0.09	5.5	1.1		
			1.0	80	0.09	5.2	0.9		
Common bottlenose dolphin [¶] <i>Tursiops</i> sp.	9	2.2	2.24	90	0.10	10.7	30.4	v=swsfdv2jhbcb v=m3tZxo8ljL4 07:18, 09:38, 10:25	Wikipedia
			2.20	80	0.10	10.7	29.9	v=Sfb8wtAdy1o	
			2.08	90	0.10	10.0	24.6	v=oSC0AZ5_0F8 00:16, 00:29, 00:48	Visual assessment of videos
Gulf sturgeon <i>Acipenser oxyrinchus desotoi</i>	5	1.5	1.28	90	0.11	6.3	9.5	v=e1a_mBGLucQ	
			1.12	90	0.12	5.5	6.5		
			1.12	90	0.12	5.8	6.5		
Harbour porpoise <i>Phocoena phocoena</i>	9	1.65	1.44	70	0.11	7.5	13.5	'Wild Dolphins Jumping NZ, Kaikoura' (no longer available) 00:03, 01:15, 02:23	Wikipedia
			1.44	80	0.11	7.2	12.3		
			1.40	75	0.11	7.1	11.8		
Humpback whale [§] <i>Megaptera novaeangliae</i>	20	13.0	1.83	80	0.08	9.1	2.2	v=ZLkWGNs2Yc0&t=39s v=fnflpUgxm8&t=91s v=ee79_7CZ0uM 00:08 v=7NAKaSo19us 00:05 v=oMKQPpbls3Q 01:08	https://iwc.int/lives
			1.76	90	0.08	8.6	2.0		
			1.70	90	0.08	8.3	1.8		
Mackerel (kingfish) <i>Scomberomorus cavalla</i>	10	1.0	1.83	80	0.11	9.1	43.9	v=1HjLZ3k2osI&t=16s 00:11, 00:51 v=cYQt7Q2ZCUA 00:05 v=e0_7g6WSLjg v=9-pEANtcqW8&t=14s	Inferred from length versus weight curve in FishBase
			1.84	90	0.11	9.0	42.7		
			1.80	90	0.11	8.8	40.1		
Mako shark <i>Isurus</i> sp.	10	2.5	1.67	90	0.10	8.2	11.3	v=Qktk9vYRuVc 00:05 v=F781RwUtFVY 00:26 'Mako jumping' (no longer available) 00:00	FishBase
			1.60	90	0.10	7.9	10.0		
			1.52	90	0.10	7.5	8.7		
Mobulid ray** <i>Mobula</i> sp.	33	0.7	1.48	90	0.13	7.3	38.1	v=EAhCKoVxDZs&t=9s v=7Lt41sTba_E 00:22, 00:32, 00:54	Chris Lawson, unpublished data
			1.44	80	0.13	7.2	36.8		
			1.40	90	0.13	7.0	33.9		
Mullet <i>Mugil cephalus</i>	43	0.4	1.20	60	0.14	6.1	39.8	v=HuSZo-6RL0o 00:33, 00:37, 00:40	Visual assessment
			1.24	90	0.14	6.1	39.8		
			1.24	90	0.14	5.5	29.8		
Orca (Killer whale) [§] <i>Orcinus orca</i>	12	6.5	1.83	90	0.09	9.0	5.0	v=lfat0eJMpPA&t=171s v=EMVyOMiqTlc v=aESTursrpiE 00:02 v=W_24PxFbJ6I 00:05 v=WzhFBx1pwyQ 00:01 v=x3Bf0WhvsNk 01:22, 02:06, 03:19	Wikipedia
			1.52	80	0.09	7.5	2.9		
			1.33	90	0.09	6.5	2.0		
Silver carp ^{‡‡} <i>Hypophthalmichthys molitrix</i>	31	0.8	1.60	90	0.12	7.9	37.0		Visual assessment, confirmed by FishBase
			1.56	80	0.12	7.8	35.8		
			1.56	90	0.12	7.7	34.5		
Spinner dolphin <i>Stenella longirostris</i>	12	1.8	2.00	80	0.10	10.0	28.7	v=3b4FGIWGsuo 00:31, 01:54 v=9teNVevwKzU 01:58 v=B5KNNwO87-8 v=H70nPv4NQsw	Wikipedia
			1.03	90	0.11	5.2	4.3		
			1.00	80	0.11	5.0	3.9		
White shark <i>Carcharodon carcharias</i>	12	3.3	1.24	80	0.10	6.2	3.5	Johnston et al., 2018	Mean length for individuals in videos, provided by Alison Koch.
			1.16	80	0.10	6.0	3.2		
			1.16	80	0.10	5.8	2.9		

*Videos are predominantly from YouTube with links and approximate timings of the fastest breaches in the data sources provided (min:s).

‡Only a single value available.

§Typically, these species did not completely clear the water.

¶Breaching velocity values are within the maximum velocity range reported in (Rohr et al., 2002).

**Mobulid rays have a very different surface to volume ratio compared with the fusiform (double-ogive) shapes of the other animals represented in the table, and are propelled from mid-body, rather than from the caudal end as other species presented in this study do. Corrections to Eqns 1 and 2 for mobulid rays can be found in Appendix 4.

‡‡Breaching velocity values very similar to those reported in Parsons et al. (2016).

N, number of breaches included in analyses; l, estimated standard body length, defined as from distal end to tail fork (m). Some length values taken from sources were for total body length and thus adjusted to approximately account for tail shape; τ , breaching duration (s); γ , breaching angle of three fastest breaches (deg);

A, ratio of drag coefficient to prismatic coefficient of body, it was estimated using Eqns 2 and 3 (see also Eqns A67 and A72 in Appendix 2); v_0 , breaching velocity (m s⁻¹), it was estimated using Eqn 1 (see Appendix 1 for details); P/m, power to mass ratio (W kg⁻¹), it was estimated using Eqn 5 (see also equation Eqn A74 in Appendix 2). Reported power values are calculated assuming each individual is the average body length.

to the animal accelerating when piercing the water surface (even if it had reached a constant velocity beforehand) owing to differences in drag between moving in water and air; the last term, $(l/\tau)\cos^2\gamma$,

corrects for the change in trajectory angle during the breach (the breaching angle is set when the animal clears the water). When breaching at angles close to vertical, the last term becomes

negligibly small. The key assumptions underlying Eqn 1 are: (a) the animal is neutrally buoyant; (b) it has a fusiform body resembling a double ogive; (c) its fins are retracted; (d) it reaches a constant velocity v_0 prior to piercing the water surface; and (e) it continues to supply constant thrust until its tail leaves the water.

Fortuitously, under assumptions (b) and (c), when the body has a width-to-length ratio between 0.15 and 0.25, A can be closely approximated by

$$A \approx (35/2)C_f, \quad (2)$$

where

$$C_f \approx 0.455/Re_j^{2.58} \quad (3)$$

is the effective (turbulent) friction coefficient between the animal skin and water, which depends solely on the Reynolds number $Re_j = v_0 l / \nu$ (ν being the kinematic viscosity of water; see Appendix 2). When some of the fins are either non-retractable or being purposely extended, the combination of Eqns 2 and 3 furnishes the lower bound of A . It also underestimates the true value of A at high Reynolds numbers, where the thickness of the boundary layer on the animal becomes comparable with the height of the roughness elements on its skin. Thus it is possible that we overestimate the true breaching speed. Nonetheless, because a typical value of A is 0.1 (Table 1), even if the error in A is 30%, the resulting error in v_0 remains small (see Appendix 3). In fact, under most circumstances, a point mass approximation of v_0 ,

$$v_0 \approx \frac{g\tau}{2 \sin \gamma}, \quad (4)$$

will be fairly accurate (and was the approximation used in Johnston et al., 2018). Assumption (d) can be investigated in the two species that to date have been measured breaching via an animal-attached data logger: basking sharks and white sharks. In both cases, the data suggest that the breaching animals were not accelerating by the time their snouts had reached the water surface (Johnston et al., 2018; Semmens et al., 2019; J. Semmens, pers. comm.).

Mechanical power per unit mass (P/m) that the animal needs to swim at velocity v_0 was estimated with

$$\frac{P}{m} = \frac{A}{\eta_h} \frac{v_0^3}{l}, \quad (5)$$

where η_h is the hydrodynamic propulsion efficiency (see Appendix 2). We have set $\eta_h = 0.9$ at the upper (theoretical) limit of propulsion efficiency of carangiform and thunniform gaits (Chopra and Kambe, 1977; Liu and Bose, 1997). Again, because of our underestimating the true value of A and the application of purposefully high values of propulsions efficiency, the value furnished by the combination of Eqns 2–5 should be considered the lower bound for all species that cleared the water when breaching, in spite of a possible error in v_0 (see Appendix 3). For large species that did not leave the water completely, Eqns 1 and 5 may overestimate both their speed and power, but bearing this in mind will strengthen the interpretations of the data presented in the Discussion section.

Estimation errors in Eqns 1 and 5 are assessed in Appendix 3. To minimize these errors, only steep jumps (where γ exceeded 70 deg) were included. Under this restriction, the errors in the breaching speed v_0 are estimated at about 10%, whereas the errors in the mass-specific power (P/m) can possibly reach 30%.

RESULTS AND DISCUSSION

Velocities of all breaches for each species for which the breaching angle exceeded 70 deg, and the mass-specific mechanical power

deemed needed to achieve these, are plotted against body length in Fig. 1. Maximum breaching speed has an upper bound of about 11 m s^{-1} , while maximum mass-specific power has an upper bound of about 50 W kg^{-1} . These limits coincide at about 2 m body length. Breaching velocity increases up to 2 m body length with larger animals not exhibiting a systematic relationship between length and velocity; mass-specific power is approximately constant up to 2 m body length, at around 50 W kg^{-1} , and is variously lower at greater body sizes. While sample size varies considerably between species, there is no substantive regression between the mean breaching speed of the top three fastest breaches and sample size (Spearman's rho: 0.141; $P=0.645$). The breaching velocity of common bottlenose dolphins has been determined by a different method using a high-speed underwater camera (Rohr et al., 2002), which returned a range of maximum speeds similar to those we report, providing further validation for our method. Based on our calculations, as species get larger up to 2 m in length, maximum breaching velocity exhibited increases, to a highest breaching velocity of nearly 11 m s^{-1} (achieved by the common bottlenose dolphin; Fig. 1A).

So, there is some suggestion from the breaching data that a number of particularly large animals do not exhibit higher breaching speeds than do 2 m long species. The maximum swimming speed of an animal is limited either by its maximal thrust or its maximal power (Iosilevskii and Papastamatiou, 2016). Thus, maximum swimming speed is the lower of the theoretical speeds at which hydrodynamic drag equals maximal thrust, and at which rate of work done by the animal on the water (loosely, the product of drag and speed) equals maximal power. Maximal thrust is proportional to the cross section area of the animal's locomotion muscles, and hence scales with the length of the animal squared. Maximal power is proportional to the volume (mass) of those muscles, and hence scales with the length of the animal to the third power. Because hydrodynamic drag is proportional to the product of the swimming speed squared and length of the animal squared, while maximal thrust is proportional to animal length squared, if the maximal speed is limited by muscle thrust, maximal speed should be independent of length. If, on the other hand, the maximal speed of an animal is limited by power, it should scale with length to the power (1/3). Our data suggests that for animals smaller than 2 m in length, the breaching speed increases with length to the power (1/3), implying that it is limited by the mass-specific (volume-specific) power of the locomotion muscles. For larger animals, the breaching speed remains practically independent of length, implying that it is limited by the alternative possibility – the thrust it can generate per unit cross section area of its muscles.

Fig. 1A also includes data for burst swimming fish during containment in several different swimming apparatuses reported across multiple studies (taken from Table 4 in Videler and Wardle, 1991). In all cases, except for small mackerel, the maximum speeds observed in the lab for burst swimming fish are much lower than breaching speeds we calculated for similarly sized species, suggesting that those burst swimming fish were not using their maximal power. Castro-Santos et al. (2012) have developed a flume larger than used in previous studies of fast-swimming fish, which appears to elicit close to maximal swimming speeds in multiple relatively small species. Trout *Salvelinus fontinalis* and *Salmo trutta* of 0.145 m length volitionally swam against a fixed flow at up to about 4 m s^{-1} , while herring *Alosa aestivalis* (0.22 m) reached 4.5 m s^{-1} . Similar feats were observed in comparably sized barbels *Luciobarbus comizo* and nase *Pseudochondrostoma duriense* (Sanz-Ronda et al., 2015). These speeds are remarkably similar to the highest speeds at which we would predict species of this size to breach based on our data (Fig. 1A).

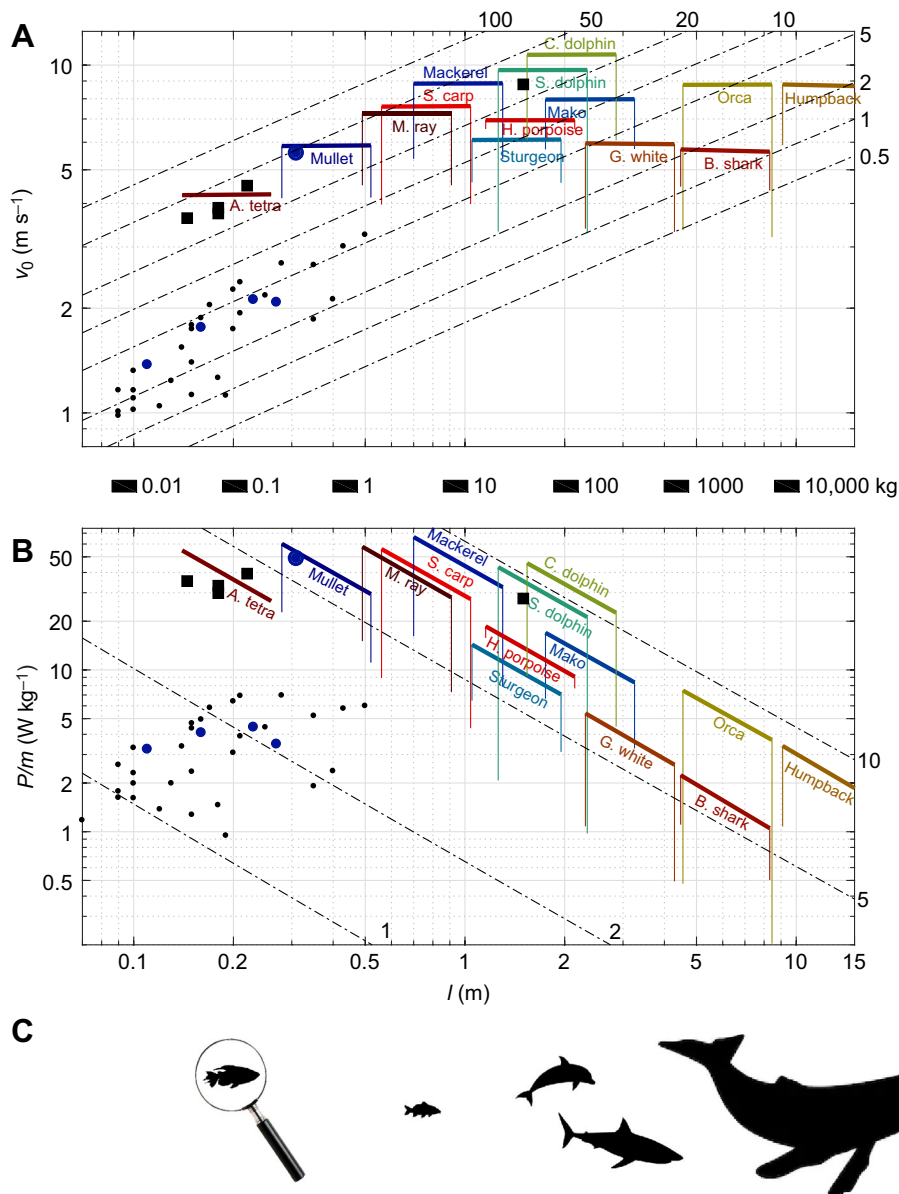


Fig. 1. The velocity and mechanical power output of breaching animals ($N=14$ species) at different body lengths, plotted on logarithmic scales.

(A) Velocity immediately prior to breaching, v_0 (m s⁻¹). The upper boundary of each bracket represents the maximum velocities observed during breaches for a given species; the left and right boundaries represent the estimated body length of that species with $\pm 30\%$ uncertainty, and they extend down as far as the minimum breaching velocities observed. Circles mark the burst swimming speed data presented by Videler and Wardle (1991) for multiple fish species; blue are for mackerel, and the larger blue circle represents a single outlier which is a swimming speed similar to that exhibited for that size of fish during breaching. Squares indicate the maximal speed of trout, herring, barbell and nase swimming in a specialised flume (Castro-Santos et al., 2012; Sanz-Ronda et al., 2015) and sailfish hunting at sea (Marras et al., 2015). The dash-dot lines mark constant mechanical power-to-mass ratios (in W kg⁻¹; magnitudes indicated). (B) The same data and formatting as A; however, the ordinate represents mass-specific power, and the dash-dot lines mark constant speed (in m s⁻¹, magnitudes indicated). The highest specific power values for each species (represented by the left corner of each bracket) are higher than those reported in Table 1 because the Table 1 values are calculated assuming each individual is of average length for that species, whereas the range of specific power values in the Figure represent a possible span of body lengths that include the mean. The silhouettes are four breaching species, included in the data set, to scale (silver carp, common dolphin, white shark, humpback whale) and also the African tetra, magnified sixfold. Across species, body length relates only very approximately with body mass; however, to provide some idea of how breaching velocity and mass-specific power scale with body mass, the black boxes between the figures denote the possible range of lengths of aquatic animals (associated with different body proportions) that have the mass (kg) indicated to the right of the box. A. tetra, African tetra; M. ray, mobulid ray; S. carp, silver carp; H. porpoise, harbour porpoise; S. dolphin, spinner dolphin; C. dolphin, common bottlenose dolphin; G. white, great white shark; B. shark, basking shark.

Owing to size constraints, however, very few fish greater than 1 m in length have been swum in the laboratory (although see Sepulveda et al., 2007), particularly at higher speeds.

Small cetaceans can be trained to swim fast in captivity, and the fastest swimming speed reported for dolphins under such conditions (11 m s⁻¹; Lang and Pryor, 1966) matches the speed exhibited by dolphins during their fastest breaches calculated in the present study.

Fish (1998) recorded captive orca swimming up to 7.9 m s⁻¹, a speed that does not match the fastest breaching speed we calculated of 9 m s⁻¹. Extensive tabulations of cetacean swimming speeds are provided in Fish and Rohr (1999).

Maximum speed capabilities of larger fishes can be potentially recorded in the field, although sometimes, tagged individuals do not exhibit such behaviour. For example, tagged blue marlin *Makaira*

nigricans, at least 1 m long, were recorded swimming no faster than 2.25 m s^{-1} during 165 h of continuous tracking (Block et al., 1992). This may indicate that they did not hunt while tagged. In contrast, however, 1.5 m long sailfish *Istiophorus platypterus* hunting sardines exhibited maximum speeds of 8.8 m s^{-1} (mean of top 3 fastest bursts; Marras et al., 2015; P. Domenici, pers. comm.). This speed is very close to the maximum breach speed observed for animals of a similar length in our dataset, and might suggest that during such hunts the sailfish are swimming close to their maximum speed. Devil rays *Mobula tarapacana*, about 3 m long (S. Thorrold, pers. comm.), reach speeds of up to 6 m s^{-1} during descents into the water column (Thorrold et al., 2014), while short-finned pilot whales *Globicephala melas*, 4 m in length, were recorded at mean maximum sprint speeds of 6 m s^{-1} (Aguilar Soto et al., 2008). These swimming speeds are commensurate with breaching speeds of similarly sized animals (Fig. 1A). During burst swimming, tagged sperm whales *Physeter microcephalus*, between 6 and 10 m in length, were never observed swimming faster than 8 m s^{-1} (Aoki et al., 2012); this top speed is similar to that exhibited during breaches by the similarly sized orca and humpback whale (Fig. 1A). Spinner dolphins responding to an approaching ship reached swimming speeds up to 4.8 m s^{-1} (Au and Perryman, 1982) – considerably slower than the single fastest breach we recorded. Humpback whales have not been recorded in the wild swimming as fast as their most powerful breaches (e.g. 4.1 m s^{-1} ; Williamson, 1972).

Given that breaching speeds represented in our data set match the speeds of animals swimming in flumes designed to elicit maximum effort, and also match if not surpass the maximum swimming speeds of animals observed in the wild, the locomotion athleticism of fish and cetaceans during their fastest breaches may represent maximum capability. We conservatively estimate that the maximum mass-specific mechanical power exhibited by breaching species is about $35\text{--}50 \text{ W kg}^{-1}$ of body mass (Fig. 1B), though our calculations have assumed fin retraction, neutral buoyancy and that the animal is no longer accelerating just prior to breaching. Interestingly, this power production was attained by species across an order of magnitude in size from 20 cm to 2 m body length (very approximately 100 g to 100 kg) and as such may represent a power ceiling in general, based on an isometric relationship between maximum power and body mass within this range.

While we cannot fully validate our model estimating power, we can compare the resultant values with those in the literature obtained by other means. The fastest breaching species in our dataset were dolphins; our maximum power estimates for breaching dolphins are similar to the maximum fluke-beat-averaged value of 48 W kg^{-1} for the Pacific white-sided dolphin *Lagenorhynchus obliquidens* swimming at 7.4 m s^{-1} calculated by Tanaka et al. (2019), the common bottlenose dolphin while tail standing (62 W kg^{-1} ; Isogai, 2014) and porpoises *Stenella attenuata* encouraged to swim maximally fast along a 25 m course (50 W kg^{-1} ; Lang and Pryor, 1966). Because the mass of the locomotor muscles is approximately half of the body mass (fao.org/3/T0219E/T0219E01.htm), and, at a given instant, only half of them are propelling the animal during the tail beat cycle, muscle power output at our estimated maximum is $140\text{--}200 \text{ W kg}^{-1}$. We therefore propose that these values represent an approximate maximum attainable power output by fish and cetaceans. And this is supported by the observation that 200 W kg^{-1} muscle during fast flights in *Phyllostomus* bats (Thomas, 1975; Weis-Fogh and Alexander, 1977) and 214 W kg^{-1} of muscle exhibited by small lizards during vigorous movement (Curtin et al. 2005) are the highest reported power output values we have found in the literature for any species within the size range of the

breaching species represented in the current study (some higher values have been recorded for individual muscles; Table 1 in Josephson, 1993). Moreover, power output measurements for human participants asked to apply maximum effort at best match these values. For example, high-level rugby players produced a mean peak power of 66.6 W kg^{-1} body mass during standing jumps (N. Tillin et al., 2013); assuming $25\text{--}30 \text{ kg}$ of leg muscle mass (Tillin, pers. comm.), their leg muscles were providing around 200 W kg^{-1} of power.

Valid estimates of maximum power are not only insightful physiologically, but in turn, they elucidate an animal's behavioural limitations. In the case of breaching, for example, calculations of the necessary dimensions of dam spillways to enable fish to pass up them (Baigún et al., 2012; Beach, 1984) will greatly benefit from an understanding of breach velocity.

APPENDIX 1

A breaching event

Preliminaries

The information in this appendix details how to estimate the swimming speed of a breaching fish immediately before it has pierced the water surface, v_0 . If the fish could have been approximated by a point mass, its airtime τ' could have been correlated with the vertical speed on leaving the water, w'_0 , by

$$w'_0 = g\tau'/2, \quad (\text{A1})$$

where g is the acceleration of gravity. In turn, given the trajectory angle (relative to horizon) γ'_0 at which the fish leaves the water, w'_0 could have been correlated with take-off speed, v'_0 , by

$$v'_0 = w'_0/\sin \gamma'_0. \quad (\text{A2})$$

The fish, however, is not a point mass, and it likely gains energy (on the account of reduced wet area) between the moment when its nose (snout) pierces the water surface and the moment when its tail leaves the water. Consequently, the speed that the fish reaches immediately before piercing the water surface, v_0 , is probably smaller than v'_0 . Moreover, between the time the centre-of-mass leaves the water and the time the tail leaves the water, the motion of the fish is still assisted by buoyancy, and during that time, the fish decelerates at less than the acceleration of gravity. It increases the actual airtime τ as compared with the airtime τ' it would have had if it were a point mass leaving the water at v'_0 . The aim of this appendix is to estimate the relations between τ and τ' , and between v_0 and v'_0 . To remain concise, the analysis will be based on the following six assumptions: (1) the fish is neutrally buoyant; (2) it has reached a constant speed before piercing the water surface; (3) its thrust (T) remains constant until the tail clears the water; (4) its drag (D) is proportional to the wetted area and to the swimming speed squared; (5) its body is symmetrical nose to tail; (6) its fins (other than caudal) are contracted. This list pertains to Appendix 2 as well.

Energy balance

Ignoring the resistance of air, the total mechanical energy of the fish E is preserved once its tail clears the water. During breaching, however, E is governed by:

$$\frac{dE(x)}{dx} = T(x) - D(v^2(x), x), \quad (\text{A3})$$

where $x \in (0, l)$ is the length of the fish above the water surface (l is the fork length), whereas $T(x)$ and $D(v^2, x)$ are thrust and drag of

the (partially submerged) fish. Under assumptions 2 and 3,

$$T(x) = D(v^2(0), 0) \tag{A4}$$

for each $x \in (0, l)$. Under assumptions 4 and 6,

$$D(v^2(x), x) = v^2(x)D(1, x) = v^2(x)D(1, 0) \frac{S_w(x)}{S_w(0)}, \tag{A5}$$

where, with $p(x)$ being the local girth,

$$S_w(x) = \int_x^l p(x') dx' \tag{A6}$$

is the respective wetted area. It is acknowledged that, in general, the drag comprises both form (pressure) and friction constituents (see Appendix 2), and therefore Eqn A5 is coherent only if the form drag is small compared with the friction drag.

Total mechanical energy of the fish is the sum

$$E(x) = E_p(x) + E_k(x) \tag{A7}$$

of the respective kinetic energy,

$$E_k(x) = mv^2(x)/2, \tag{A8}$$

and potential energy,

$$E_p(x) = \int_0^x (mg - B(x')) \sin \gamma(x') dx'; \tag{A9}$$

it is tacitly assumed that kinetic energy associated with rotational motion is negligibly small as compared with the energy associated with translational motion. In Eqns A8 and A9, m is the mass of the fish, g is the acceleration of gravity, γ is the breaching angle,

$$B(x) = \rho g \int_x^l s(x') dx' \tag{A10}$$

is the buoyancy of the submerged portion of the fish, $s(x)$ is the local cross section area of the fish, and ρ is the density of water;

$$B(0) = mg \tag{A11}$$

by assumption 1. We have tacitly assumed that the added mass (in the swimming direction) of a fusiform animal is negligibly small as compared with its ‘real’ mass (Iosilevskii et al., 2012).

Exploiting Eqns A8, A7, A5 and A4, Eqn A3 can be recast as:

$$\frac{dE(x)}{dx} + \frac{2}{m} E(x)D(1, x) = \frac{2}{m} E_k(0)D(1, 0) + \frac{2}{m} E_p(x)D(1, x). \tag{A12}$$

Subject to the initial condition

$$E(0) = E_k(0) = mv_0^2/2 = mv_0^2/2 \tag{A13}$$

($E_p(0)=0$ by Eqn A9), Eqn A12 lends itself to a closed-form solution:

$$E(x) = \frac{1}{F(x)} \left(E(0) + \frac{2}{m} \int_0^x (E(0)D(1, 0) + E_p(x')D(1, x')) F(x') dx' \right) \tag{A14}$$

in which

$$F(x) = \exp \left(\frac{2}{m} \int_0^x D(1, x') dx' \right). \tag{A15}$$

Velocity follows the energy by Eqns A7 and A8:

$$v^2(x) = \frac{2}{m} E_k(x) = \frac{2}{m} (E(x) - E_p(x)); \tag{A16}$$

the time to cross the water surface, nose-to-tail, $t(l)$, follows the velocity by quadrature:

$$t(x) = \int_0^x \frac{dx'}{v(x')}. \tag{A17}$$

Once the fish clears the water, it will return to the same height above water surface after

$$t_{\text{free}} = \frac{2}{g} v(l) \sin \gamma(l) \tag{A18}$$

(compare with Eqns A1 and A2). Whether or not the fish will touch the water at that point depends on the orientation of the body relative to horizon. To make the analysis simple, we will assume that it does touches the water at that point and therefore the time from piercing the surface on the way up to touching it on the way down is estimated at

$$\tau = t_{\text{free}} + t(l) = \frac{2}{g} v(l) \sin \gamma(l) + \int_0^l \frac{dx'}{v(x')}. \tag{A19}$$

Possible error in Eqn A19 stems from the assumption that the fish touches the water on the way back at the same height as it cleared the water on the way up. This height is $l \sin \gamma(l)$. If the fish has rotated in the air, it can land either vertically, in which case it will touch the water earlier, at height l , or it can land flat, in which case it will touch the water at height $d_{\text{max}}/2$, where d_{max} is the maximal diameter of the body. Consequently, there can be an error $\Delta\tau$ in the flight time, bounded by

$$\frac{l}{2v(l)} (\sin \gamma(l) - 1) < \Delta\tau < \frac{l}{2v(l)} \left(\sin \gamma(l) - \frac{d_{\text{max}}}{l} \right). \tag{A20}$$

Because τ is estimated from video footage of a breach by counting frames, the error can be reduced by extrapolating the fish trajectory and ending the frame count when the fish is approximately at the same height as when it has cleared the water; the frame count invariably starts when the fish pierces the water (Fig. A1).

Fish as a point mass

By definition, $E(l)$ is the mechanical energy of the fish when it clears the water. It is preserved afterwards, until the fish touches the water again on its way back – in fact, it is the basis underlying Eqn A18. By extension, it is also the mechanical energy of the fish, if it were a point mass, on crossing the water surface on the way up. Because the potential energy of a point-mass-fish is zero at the surface, its effective take-off speed and angle are

$$v_0^2 = v^2(0) \frac{E(l)}{E(0)}, \tag{A21}$$

$$\gamma_0 = \cos^{-1} \frac{v(l) \cos \gamma(l)}{v_0}; \tag{A22}$$

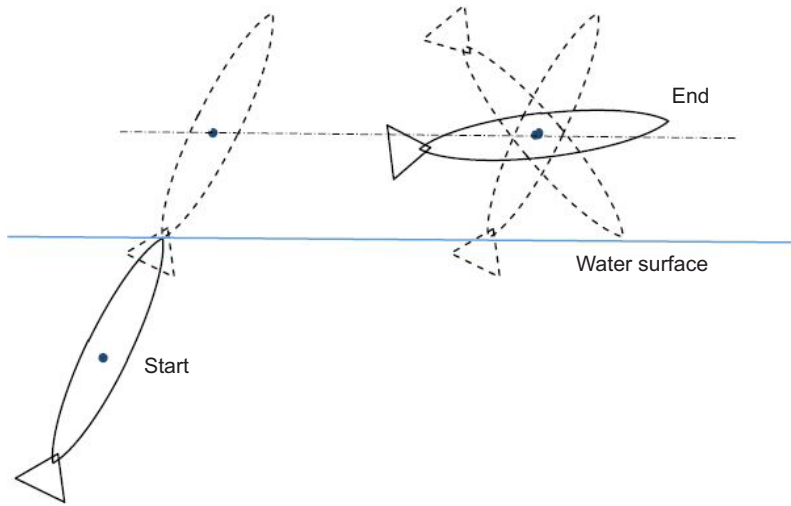


Fig. A1. The start and end of a jump. The frame count starts when the nose pierces the water; the count ends when the centre of mass returns to the same height above the water as it were when the tail cleared the water on the way up.

the last equation is based on the notion that horizontal velocity component, $v \cos \gamma$, remains constant during a free flight. Both parameters are different from the respective speed $v(l/2)$ and angle $\gamma(l/2)$ at the time the centre-of-mass of the ‘real’ fish crosses the surface – recall that during a breach, motion of the ‘real’ fish is assisted by thrust and buoyancy. Likewise, the flight time of the point mass fish,

$$\tau' = \frac{2}{g} v'_0 \sin \gamma'_0 = \frac{2}{g} \sqrt{v_0'^2 - v^2(l) \cos^2 \gamma(l)}, \quad (\text{A23})$$

differs, at least in principle, from the flight time τ of the ‘real’ fish.

Dimensionless form

The above formulae are hardly simple, and have to be simplified to become practical. To this end, it will prove convenient to introduce dimensionless quantities. Represented by overbars, we set:

$$\bar{x} = \frac{x}{l}, \quad \bar{t} = \frac{tv_0}{l}, \quad \bar{p}(\bar{x}) = \frac{p(\bar{x}l)}{l}, \quad \bar{s}(\bar{x}) = \frac{s(\bar{x}l)}{l^2}, \quad (\text{A24})$$

$$\bar{v}(\bar{x}) = \frac{v(\bar{x}l)}{v(0)}, \quad \bar{B}(\bar{x}) = \frac{B(\bar{x}l)}{B(0)}, \quad \bar{D}(\bar{x}) = \frac{D(1, \bar{x}l)}{D(1, 0)}, \quad (\text{A25})$$

$$\bar{E}(\bar{x}) = \frac{E(\bar{x}l)}{E(0)}, \quad \bar{E}_k(\bar{x}) = \frac{E_k(\bar{x}l)}{E(0)}, \quad \bar{E}_p(\bar{x}) = \frac{E_p(\bar{x}l)}{E(0)}. \quad (\text{A26})$$

Thus, with

$$\bar{A} = \frac{2}{m} D(1, 0)l, \quad (\text{A27})$$

$$\text{Fr}_0 = v_0 / \sqrt{gl}, \quad (\text{A28})$$

Eqns A5, A6, A10, A14, A15, A9, A16, A17 and A18 take on the respective forms:

$$\bar{D}(\bar{x}) = \left(\int_{\bar{x}}^1 \bar{p}(\bar{x}') d\bar{x}' \right) \left(\int_0^1 \bar{p}(\bar{x}') d\bar{x}' \right)^{-1}, \quad (\text{A29})$$

$$\bar{B}(\bar{x}) = \left(\int_{\bar{x}}^1 \bar{s}(\bar{x}') d\bar{x}' \right) \left(\int_0^1 \bar{s}(\bar{x}') d\bar{x}' \right)^{-1}, \quad (\text{A30})$$

$$\bar{E}(\bar{x}) = \frac{1}{\bar{F}(\bar{x})} \left(1 + \bar{A} \int_0^{\bar{x}} (1 + \bar{E}_p(\bar{x}') \bar{D}(\bar{x}')) \bar{F}(\bar{x}') d\bar{x}' \right), \quad (\text{A31})$$

$$\bar{F}(\bar{x}) = \exp \left(\bar{A} \int_0^{\bar{x}} \bar{D}(\bar{x}') d\bar{x}' \right), \quad (\text{A32})$$

$$\bar{E}_p(\bar{x}) = \frac{2}{\text{Fr}_0^2} \int_0^{\bar{x}} (1 - \bar{B}(\bar{x}')) \sin \gamma(\bar{x}') d\bar{x}', \quad (\text{A33})$$

$$\bar{v}^2(\bar{x}) = \bar{E}_k(\bar{x}) = \bar{E}(\bar{x}) - \bar{E}_p(\bar{x}), \quad (\text{A34})$$

$$\bar{t}(\bar{x}) = \int_0^{\bar{x}} \frac{d\bar{x}'}{\bar{v}(\bar{x}')} = \int_0^{\bar{x}} \frac{d\bar{x}'}{\sqrt{\bar{E}_k(\bar{x}')}}, \quad (\text{A35})$$

$$\bar{t}_{\text{free}} = 2\text{Fr}_0^2 \bar{v}(1) \sin \bar{\gamma}(1) = 2\text{Fr}_0^2 \sin \bar{\gamma}(1) \sqrt{\bar{E}_k(1)}. \quad (\text{A36})$$

Likewise,

$$\bar{v}_0^2 = \bar{E}(1), \quad (\text{A37})$$

$$\bar{\tau}' = 2\text{Fr}_0^2 \sqrt{\bar{E}(1) - \bar{E}_k(1) \cos^2 \bar{\gamma}(1)} \quad (\text{A38})$$

by Eqns A21 and A23.

Approximate solution

Recalling that the accuracy of capturing the flight time is a few percentage at best (one frame count at 30 frames s^{-1} for flight time of the order of 1 s), we seek a simplified (approximate) variant of the above formulae.

Drag of the fish can always be expressed in terms of its drag coefficient C_D as

$$D(1, 0) = \frac{1}{2} \rho S_{\text{max}} C_D, \quad (\text{A39})$$

where $S_{\text{max}} = \max_{x \in (0, l)} s(x)$ is the maximal cross section area of the

fish. Consequently,

$$\bar{A} = C_D/k_{pc} \tag{A40}$$

by Eqn A27, where

$$k_{pc} = \frac{m}{\rho S_{max} l} \tag{A41}$$

is equivalent to the prismatic coefficient – the ratio between the volume of fish and the volume of the minimal cylinder enclosing it. Typically, C_D is a small number of the order of 0.1 (Appendix 2), whereas k_{pc} is invariably bounded between 0.5 and 0.6 (it is 8/15 for a double-ogive body, as the one described by Eqn A43 below). Consequently, \bar{A} can be considered a small parameter, furnishing Eqn A31 in asymptotic form:

$$\begin{aligned} \bar{E}(\bar{x}) = 1 + \bar{A} \int_0^{\bar{x}} (1 - \bar{D}(\bar{x}')) d\bar{x}' + \bar{A} \int_0^{\bar{x}} \bar{E}_p(\bar{x}') \bar{D}(\bar{x}') d\bar{x}' \\ + O(\bar{A}^2). \end{aligned} \tag{A42}$$

Next, we assume that the body of a fish is, indeed, a double-ogive, whereby its effective diameter d changes along the fish as

$$\bar{d}(\bar{x}) = 4\bar{d}_{max}\bar{x}(1 - \bar{x}), \tag{A43}$$

where $\bar{d}_{max} = \sqrt{4S_{max}/\pi l^2}$. In this case, one will readily find

$$\bar{D}(\bar{x}) = \left(\int_{\bar{x}}^1 \bar{d}(\bar{x}') d\bar{x}' \right) \left(\int_0^1 \bar{d}(\bar{x}') d\bar{x}' \right)^{-1} = 1 - 3\bar{x}^2 + 2\bar{x}^3, \tag{A44}$$

$$\begin{aligned} \bar{B}(\bar{x}) = \left(\int_{\bar{x}}^1 \bar{d}^2(\bar{x}') d\bar{x}' \right) \left(\int_0^1 \bar{d}^2(\bar{x}') d\bar{x}' \right)^{-1} \\ = 1 - 10\bar{x}^3 + 15\bar{x}^4 - 6\bar{x}^5, \end{aligned} \tag{A45}$$

$$\int_0^{\bar{x}} (1 - \bar{D}(1, \bar{x}')) d\bar{x}' = \bar{x}^3 - \frac{1}{2}\bar{x}^4. \tag{A46}$$

Noting the positive-definiteness of the respective integrands, we can pull $\sin \gamma$ out of the integral sign in Eqns A33 and A42 to obtain

$$\bar{E}_p(\bar{x}) = \frac{\sin \bar{\gamma}(\bar{x}_*)}{Fr_0^2} \bar{x}^4 (5 - 6\bar{x} + 2\bar{x}^2), \tag{A47}$$

$$\int_0^{\bar{x}} \bar{E}_p(\bar{x}') \bar{D}(\bar{x}') d\bar{x}' = \frac{\sin \bar{\gamma}(\bar{x}_+)}{Fr_0^2} \bar{I}_p(\bar{x}), \tag{A48}$$

where

$$\bar{I}_p(\bar{x}) = \bar{x}^5 \left(1 - \bar{x} - \frac{13}{7}\bar{x}^2 + \frac{7}{2}\bar{x}^3 - 2\bar{x}^4 + \frac{2}{5}\bar{x}^5 \right) \tag{A49}$$

and in which \bar{x}_* and \bar{x}_+ are certain points in the interval $(0, \bar{x})$. Consequently,

$$\begin{aligned} \bar{E}(\bar{x}) = 1 + \bar{A} \left(\left(\bar{x}^3 - \frac{1}{2}\bar{x}^4 \right) + \frac{\sin \bar{\gamma}(\bar{x}_+)}{Fr_0^2} \bar{I}_p(\bar{x}) \right) \\ + O(\bar{A}^2). \end{aligned} \tag{A50}$$

Fortuitously, the ratio of the second term in the parentheses to the first does not exceed $0.135/Fr_0^2$ for any $\bar{x} \in (0, 1)$. Consequently, it

can be conveniently neglected compared with the first, leaving

$$\bar{E}(\bar{x}) \approx 1 + \bar{A} \bar{x}^3 \frac{2 - \bar{x}}{2} \tag{A51}$$

independent of the pre-breaching Froude number Fr_0 (it is tacitly assumed that as the Froude number is of the order of unity – otherwise it would not be possible to clear the tail out of the water).

The instantaneous (reduced) velocity, $\bar{v}(\bar{x}) = \sqrt{\bar{E}_k(\bar{x})}$, is given by Eqn A34, but even with Eqn A51, $\bar{E}_k(\bar{x})$ is still a sixth-order polynomial, and hence cannot be easily integrated in Eqn A35 to obtain the crossing time, $\bar{t}(1)$. To this end, we suggest approximating \bar{E}_k and \bar{E} by

$$\bar{E}_k(\bar{x}) \approx 1 + 2 \left(\frac{\bar{A}}{2} - \frac{\sin \bar{\gamma}(1)}{Fr_0^2} \right) \left(\bar{x} - \frac{1}{2} \right) H \left(\bar{x} - \frac{1}{2} \right), \tag{A52}$$

$$\bar{E}(\bar{x}) \approx 1 + \bar{A} \left(\bar{x} - \frac{1}{2} \right) H \left(\bar{x} - \frac{1}{2} \right), \tag{A53}$$

which fit both the values and the derivatives of \bar{E}_k and \bar{E} at 0 and 1 (replacing $\bar{\gamma}(\bar{x}_*)$ by $\bar{\gamma}(1)$ is consistent with the order of the approximation). Here, H stands for the Heaviside step function. Equations A52 and A53 manifest the notion that the energy is gained only after the centre of mass has raised above the water (in fact, $\bar{E}_p(1/2) = (5/32)\bar{E}_p(1)$ and $(\bar{E}(1/2) - \bar{E}(0)) \approx (3/16)(\bar{E}(1) - \bar{E}(0))$ by Eqns A47 and A51). They yield

$$\bar{t}(1) \approx \frac{1}{2} + \frac{1 - \sqrt{\bar{E}_k(1)}}{1 - \bar{E}_k(1)} = \frac{1}{2} + \frac{1}{1 + \sqrt{\bar{E}_k(1)}} \tag{A54}$$

for the crossing time. The accuracy of Eqns A52–A54 can be assessed from Figs A2A–C.

The flight time, measured between the time that the nose pierces the water on the way up and the time when some part of the fish touches the water on the way back, is

$$\begin{aligned} \bar{\tau} = \bar{t}(1) + 2Fr_0^2 \bar{v}(1) \sin \bar{\gamma}(1) \\ = \frac{1}{2} + \frac{1}{1 + \sqrt{\bar{E}_k(1)}} + 2Fr_0^2 \sqrt{\bar{E}_k(1)} \sin \bar{\gamma}(1) \end{aligned} \tag{A55}$$

by Eqns A54 and A36. Its asymptotic series with respect to $(Fr_0^2 \sin \bar{\gamma}(1))^{-1}$ and \bar{A} is

$$\bar{\tau} = 2Fr_0^2 \sin \bar{\gamma}(1) \left(1 + \frac{1}{4}\bar{A} \right) + \cos^2 \bar{\gamma}(1) + \dots, \tag{A56}$$

where the ellipsis stands for terms of the order $(Fr_0^2 \sin \bar{\gamma}(1))^{-1}$ and \bar{A} . The accuracy of this approximation can be assessed from Fig. A2D.

By comparison, the airtime of a point-mass fish (from the point it leaves the water until the points it enters it again) is:

$$\bar{\tau}' = 2Fr_0^2 \sqrt{\bar{E}(1) - \bar{E}_k(1)} \cos^2 \bar{\gamma}(1). \tag{A57}$$

Its asymptotic series with respect to $(Fr_0^2 \sin \bar{\gamma}(1))^{-1}$ and \bar{A} is remarkably the same as Eqn A31,

$$\bar{\tau}' = 2Fr_0^2 \sin \bar{\gamma}(1) \left(1 + \frac{\bar{A}}{4} \right) + \cos^2 \bar{\gamma}(1) + \dots \tag{A58}$$

Recalling that

$$\bar{\tau} = \tau v_0 / l = \tau Fr_0 \sqrt{g/l} \tag{A59}$$

by definition (Eqn A24), Eqn A56 actually furnishes a quadratic

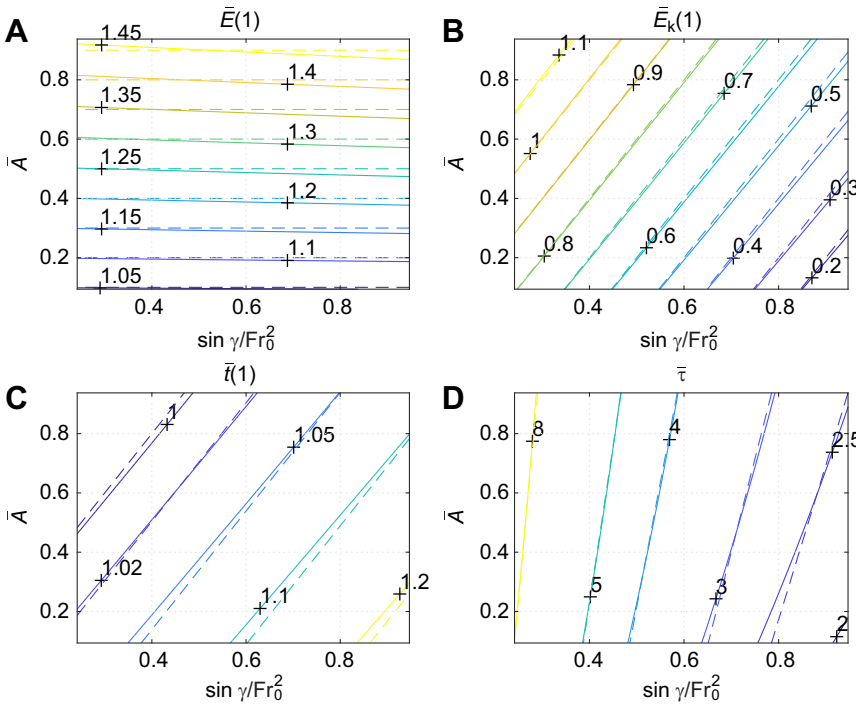


Fig. A2. Approximate (dashed) versus exact quantities. (A) Contours of total energy from Eqns A31 and A53. (B) Contours of the kinetic energy from Eqns A34 and A52. (C) Contours of the crossing time from Eqns A35 and A54. (D) Contours of the airtime (the conjunction of Eqns A36 and A35) versus Eqn A56.

equation for Fr_0 , which has an obvious solution:

$$Fr_0 = \frac{1}{4 \sin \bar{\gamma}(1) \left(1 + \frac{1}{4} \bar{A}\right)} \sqrt{\frac{g\tau^2}{l} \left(1 + \sqrt{1 - \frac{8l}{g\tau^2} \sin \bar{\gamma}(1) \cos^2 \bar{\gamma}(1) \left(1 + \frac{1}{4} \bar{A}\right)}\right)}. \tag{A60}$$

Its asymptotic form is

$$Fr_0 = \frac{1}{2 \sin \bar{\gamma}(1)} \sqrt{\frac{g\tau^2}{l} \left(1 - \frac{1}{4} \bar{A} - \frac{2l}{g\tau^2} \sin \bar{\gamma}(1) \cos^2 \bar{\gamma}(1) + \dots\right)}, \tag{A61}$$

where the ellipsis stands for terms of the order $(g\tau^2/l)^{-2}$, \bar{A}^2 and $(g\tau^2/l)^{-1} \bar{A}$ (Fig. A3). The formula that relates v_0 and τ ,

$$v_0 = \frac{g\tau}{2 \sin \bar{\gamma}(1)} \left(1 - \frac{1}{4} \bar{A}\right) - \frac{l}{\tau} \cos^2 \bar{\gamma}(1) + \dots, \tag{A62}$$

follows Eqn A61 by Eqn A28. The two correcting factors are the energy added due to reduced drag – this is the factor $(1 - \bar{A}/4)$ in the first term – and trajectory angle correction, manifested in the last term.

APPENDIX 2

Drag coefficient

Estimation of the drag coefficient will be based on aircraft preliminary design tools compiled in Raymer (1992). They have already been used to the same end in Iosilevskii and Papastamatiou (2016), and they are briefly recapitulated here. Having assumed that the fish has no retracted fins (this ensures that the drag estimate furnishes the lower bound of possible drag) and having assumed that the fish is neutrally buoyant, its drag coefficient based on the maximal cross section area,

$$S_{\max} = (\pi/4)d_{\max}^2, \tag{A63}$$

is

$$C_D = \frac{S_w}{S_{\max}} f(d_{\max}/l) C_f(\text{Re}), \tag{A64}$$

where S_w is the wet surface area of the body; d_{\max} is the maximal effective diameter,

$$f(\bar{d}) \approx 1 + 60\bar{d}^3 + \frac{1}{400\bar{d}} \tag{A65}$$

is the form factor manifesting the effect of the pressure drag;

$$\text{Re} = \rho v_0 l / \mu \tag{A66}$$

is the respective Reynolds number based on the body length (μ stands for the viscosity of water); and C_f is the respective friction coefficient, which can be approximated by

$$C_f(\text{Re}) \approx \frac{0.454}{(\log_{10} \text{Re})^{2.58}}, \tag{A67}$$

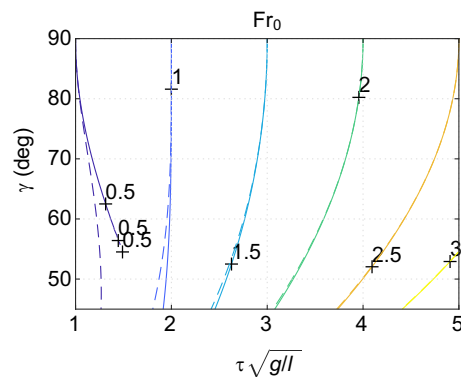


Fig. A3. Estimating the Froude number from airtime. The figure is based on solutions of Eqns A56–A59 with $\bar{A} = 0$. The approximate solution (Eqn A61) is dashed; the exact solution (Eqn A60) is marked solid. The accuracy suffers when the breaching angle is less than about 70 deg.

if the bourny layer on the body is mostly turbulent, and by

$$C_f(\text{Re}) \approx \frac{1.33}{\sqrt{\text{Re}}}, \tag{A68}$$

if the boundary layer is mostly laminar (Raymer, 1992). At Reynolds numbers in excess of, say, 10^5 , we render the boundary layer over scaled surface turbulent.

For a double ogive body, as the one described by Eqn A43,

$$S_w = (2\pi/3)d_{\max}l; \tag{A69}$$

and, consequently,

$$C_D = \frac{8f}{3} \frac{d_{\max}/l}{d_{\max}/l} C_f(\text{Re}). \tag{A70}$$

The coefficient with C_f is shown on Fig. A4. Because most fish have d_{\max}/l in the range (0.15,0.25), it can be closely approximated by 20. In other words, the drag coefficient of a finless fish approximates by

$$C_D \approx 20C_f(\text{Re}), \tag{A71}$$

irrespective of its body proportions. With $k_{pc}=8/15$, the ratio, $\bar{A} = C_D/k_{pc}$, introduced in Eqn A40, approximates by

$$\bar{A} \approx (75/2)C_f(\text{Re}). \tag{A72}$$

Having a multitude of non-retractable fins, sharks probably represent the most hydrodynamically ‘dirty’ of the fusiform fish. At zero lift, their drag coefficient exceeds the estimate of Eqn A71 by about 30% (Iosilevskii and Papastamatiou, 2016).

Swimming power

Mechanical power needed to overcome hydrodynamic resistance is given by

$$P = \frac{1}{\eta_h} D(v_0^2, 0)v_0 = \frac{1}{\eta_h} D(1, 0)v_0^3, \tag{A73}$$

where η_h is the effective propulsion efficiency (Iosilevskii and Papastamatiou, 2016). The expression on the right was obtained with the help of Eqn A5. The value of η_h is controversial, probably because of the inherent difficulty in separating the drag and thrust of a self-propelling body. Theoretical predictions put it between 0.8 and 0.9 (Chopra and Kambe, 1977); more accurate analysis puts it between 0.8 and 0.85 (Liu and Bose, 1997). The effective mass-specific power,

$$\frac{P}{m} = \frac{1}{\eta_h} \frac{D(1, 0)}{m} v_0^3 = \frac{\bar{A}}{2\eta_h} \frac{v_0^3}{l}, \tag{A74}$$

follows Eqn A73 by Eqn A27.

APPENDIX 3

Estimation errors

The set of logarithmic derivatives,

$$\frac{\partial \ln v_0}{\partial \ln \bar{A}} = -\frac{\bar{A}}{4} \left(1 + \frac{l}{\tau v_0} \cos^2 \bar{\gamma}(1) + \dots \right), \tag{A75}$$

$$\frac{\partial \ln v_0}{\partial \ln l} = -\frac{l}{\tau v_0} \cos^2 \bar{\gamma}(1) + \dots, \tag{A76}$$

$$\frac{\partial \ln v_0}{\partial \ln \tau} = 1 + \frac{2l}{\tau v_0} \cos^2 \bar{\gamma}(1) + \dots, \tag{A77}$$

$$\frac{\partial \ln v_0}{\partial \bar{\gamma}(1)} = \cot \bar{\gamma}(1) \left(-1 + \frac{l}{\tau v_0} (2 - 3 \cos^2 \bar{\gamma}(1)) + \dots \right), \tag{A78}$$

$$\frac{\partial \ln(P/m)}{\partial \ln \bar{A}} = 1 + 3 \frac{\partial \ln v_0}{\partial \ln \bar{A}} \approx 1, \tag{A79}$$

$$\frac{\partial \ln(P/m)}{\partial \ln l} = -1 + 3 \frac{\partial \ln v_0}{\partial \ln l}, \tag{A80}$$

$$\frac{\partial \ln(P/m)}{\partial \ln \tau} = 3 \frac{\partial \ln v_0}{\partial \ln \tau}, \tag{A81}$$

$$\frac{\partial \ln(P/m)}{\partial \bar{\gamma}(1)} = 3 \frac{\partial \ln v_0}{\partial \bar{\gamma}(1)}, \tag{A82}$$

which immediately follow from Eqns A52 and A74, relate the uncertainties in v_0 and P/m with uncertainties in \bar{A} , τ , $\bar{\gamma}(1)$ and l . They are shown in Fig. A5. Typical values of \bar{A} , τ , $\bar{\gamma}(1)$ and l are 0.1, 1 s, 1 rad and 1 m, respectively. They yield v_0 between 5 and 10 m s⁻¹, rendering the combination $l/\tau v_0$ to be bounded to the interval (0.1, 1). We estimate that uncertainties in \bar{A} , τ , $\bar{\gamma}(1)$ and l are 30%, 3%, 1/4 rad (15 deg), and 30%, respectively. The uncertainty in \bar{A} is associated mainly with the uncertainty in the wetted area; the uncertainty in τ was taken to be one frame (at 30 frames s⁻¹); the uncertainty in $\bar{\gamma}(1)$ is guessed based on observations, and the uncertainty in l stems directly from our taking a typical length of a species instead of the particular one. Toward what follows (but not in the text), it will be tacitly assumed that the uncertainties in l and in \bar{A} are independent.

Based on Eqn A75, a 30% uncertainty in \bar{A} has practically no effect on v_0 (less than 1%). Based on Eqn A76, a 30% uncertainty in length has no effect on v_0 if the breach is near vertical (say, above 75 deg), but can lead to a large uncertainty if the animal is large (e.g. 5 m) and breaches at a shallow angle (Fig. A5A). Based on Eqn 77, a 3% uncertainty in the airtime yields a 3% to 6% uncertainty in v_0 (see Fig. A5C). Based on Eqn A78, a quarter-radian uncertainty in the breaching angle has no effect on v_0 when the animal breaches almost vertically, but can render the estimate of

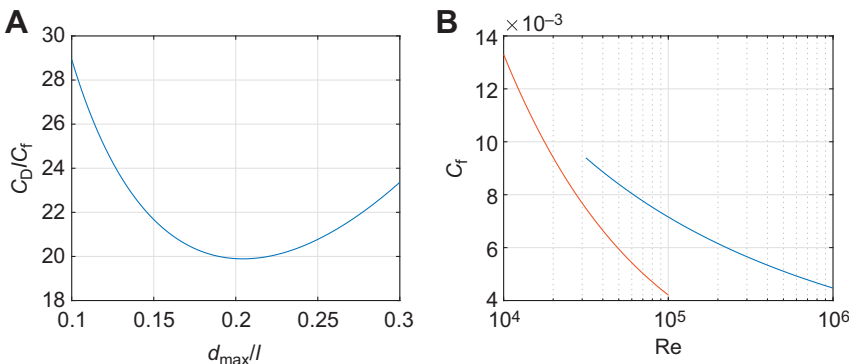


Fig. A4. Drag and friction coefficients. The coefficient with C_f in Eqn A70 (A) and C_f itself (B). Most fish have d_{\max}/l in the range (0.15, 0.25), and hence the coefficient in Eqn A70 can be closely approximated by 20. The right curve in B represents a turbulent boundary layer (Eqn A67); the left curve represents the laminar one (Eqn A68).

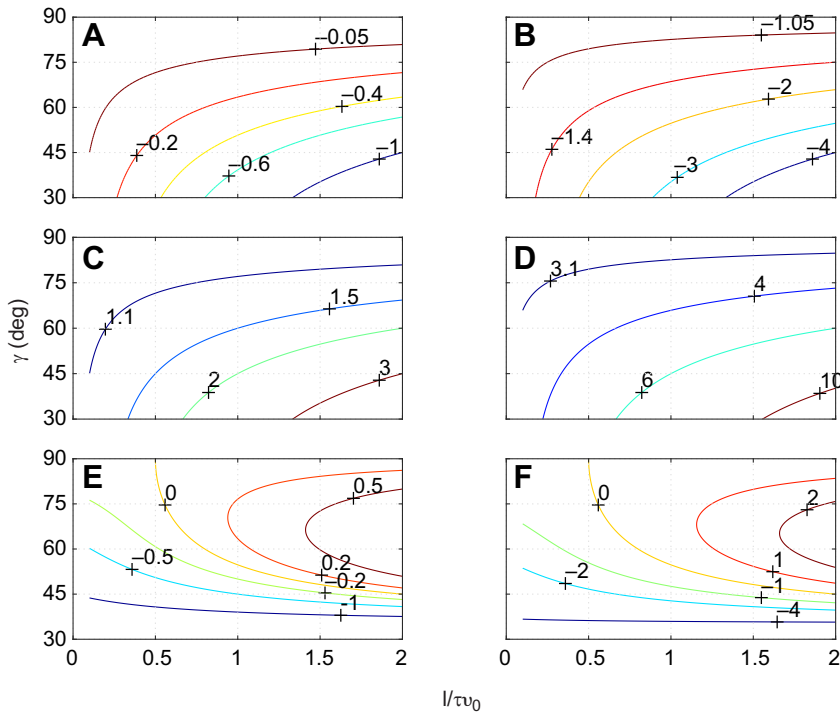


Fig. A5. Estimation errors. The left column shows contour maps of the derivatives $\frac{\partial \ln v_0}{\partial \ln l}$, $\frac{\partial \ln v_0}{\partial \ln \tau}$ and $\frac{\partial \ln v_0}{\partial \ln \gamma(1)}$ (A,C,E); the right column shows contour maps of the derivatives $\frac{\partial \ln(P/m)}{\partial \ln \tau}$, $\frac{\partial \ln(P/m)}{\partial \ln \tau}$ and $\frac{\partial \ln(P/m)}{\partial \ln \gamma(1)}$ (B,D,F).

v_0 unreliable when the breaching angle becomes less than about 60 deg (see Fig. A5E).

Being dependent on v_0^3 , the uncertainties in P/m are naturally larger than those in v_0 . In particular, uncertainties of 30% in length and in \bar{A} are reflected in comparable uncertainties in P/m – see Eqns A79, A80, A75 and A76. A 3% uncertainty in the airtime yields 9–18% uncertainty in P/m – see Eqns A81, A77 and Fig. A5D. Perhaps the biggest uncertainty is associated with the breaching angle – see Eqns A82, A78 and Fig. A5F; it can be reduced by considering only those cases where the breaching angle exceeds 70–75 deg.

**APPENDIX 4
Lesser devil ray**

A mobulid ray do not fit the assumptions underlying the preceding Appendices. Because its propulsion does not come from the caudal end, it is plausible that it does not accelerate when crossing the water surface. It renders the correction factors in Eqn A62 redundant, leaving

$$v_0 = \frac{g\tau}{2 \sin \bar{\gamma}(1)} + \dots \tag{A83}$$

as a simple leading order approximation for the breaching speed. Its drag coefficient is also different. With S being the planform area, it can be estimated with

$$C_D \approx f' \frac{S_w}{S_{\max}} C_f(\text{Re}), \tag{A84}$$

where S_w is the surface area and f' is an empirical correction accounting for drag due to separation of the boundary layer. In principle, f' depends on the thickness to chord ratio of the ray, but because it changes dramatically across the span (width) of the ray, it is difficult to assess. We will take it, cautiously, as 1.2 by equation (12.30) in Raymer (1992).

Mobulid rays are practically diamond shaped, and hence

$$S_w \approx wl, \tag{A85}$$

where w is the width. Assuming that the proportions of the animal's body do not change with length, we can set

$$w = \bar{w}l \text{ and } m = \rho \bar{m}l^3, \tag{A86}$$

which closely fit the available morphological data (provided courtesy

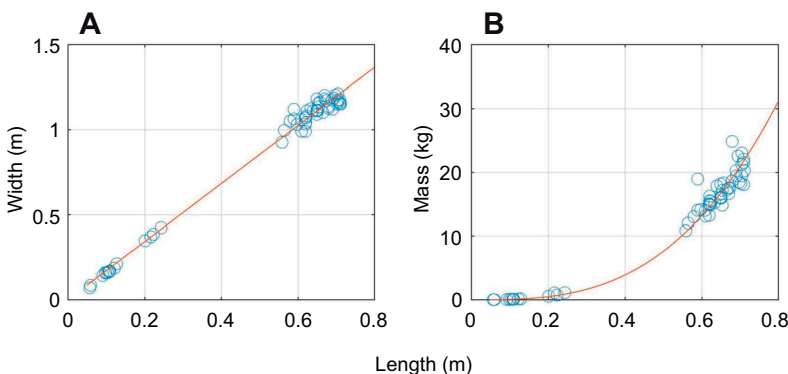


Fig. A6. Width–length and mass–length relations for mobulid rays. (A) Width vs length. (B) Mass vs length. The red lines are regressions $w = \bar{w}l$ and $m = \rho \bar{m}l^3$ with $\bar{w} = 1.7$ and $\bar{m} = 0.06$. Based on data courtesy of Chris Lawson. $N=57$.

of Chris Lawson) with $\bar{w} = 1.7$ and $\bar{m} = 0.06$ (see Fig. A6). Thus,

$$\frac{P}{m} = \frac{\bar{w}}{\bar{m}} f' C_f(\text{Re}) \frac{1}{2\eta_h} \frac{\bar{v}_0^3}{l} \quad (\text{A87})$$

by Eqns A73, A86, A85 and A84. Comparison between Eqns A87 and A74 yields

$$\bar{A} = \frac{\bar{w}}{\bar{m}} f' C_f(\text{Re}) \approx 34C_f(\text{Re}), \quad (\text{A88})$$

which is practically the same as in Eqn A72. The analysis in the text was based on the latter.

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Competing interests

The authors declare no competing or financial interests.

Author contributions

Conceptualization: L.G.H., G.I.; Methodology: L.G.H., G.I.; Validation: L.G.H., G.I.; Formal analysis: G.I.; Investigation: L.G.H.; Resources: L.G.H.; Data curation: L.G.H.; Writing - original draft: L.G.H., G.I.; Writing - review & editing: L.G.H., G.I.; Visualization: L.G.H., G.I.

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