

Table S1. Linear mixed models (GLMM) on the effects of prenatal thyroid hormone elevation on nestling body mass and tarsus length at day 2, day 7, and day 14 post-hatching. The denominator degree of freedom (ddf) were approximated by the Kenward-Roger method to calculate p values.

(a) Body mass at day 2 (n = 218 nestlings)

Random effects:		Variance	Std. Dev.			
Nest of origin (n=41)	Intercept	0.481	0.694			
Residual		0.625	0.791			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	3.849	0.123	31.426			
Hormone (TH)	-0.402	0.245	-1.639	1, 38.69	2.686	0.109

Sample size: n = 99 control and 119 TH-supplemented

The total sample size at day 2 (n = 218 nestlings from 41 nests) was smaller than that at day 7 because we missed the day 2 for one nest (n = 7 nestlings)

(b) Body mass at day 7 (n = 221 nestlings)

Random effects:		Variance	Std. Dev.			
Nest of origin (n=41)	Intercept	0.944	0.972			
Nest of rearing (n=41)	Intercept	<0.001	<0.001			
Residual		1.482	1.217			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	12.495	0.175	71.459			
Hormone (TH)	-0.367	0.353	-1.040	1, 38.93	1.081	0.305
Cross-foster (yes)	-0.347	0.179	-1.945	1, 179.22	3.782	0.053
Brood size	-0.141	0.072	-1.956	1, 25.71	3.828	0.061
Hormone × Cross-foster	0.668	0.368	1.813	1, 28.49	3.286	0.080

(c) Tarsus length at day 7 (n = 221 nestlings)

Random effects:		Variance	Std. Dev.			
Nest of origin (n=41)	Intercept	0.4916	0.700			
Nest of rearing (n=41)	Intercept	0.000 [§]	0.000 [§]			
Residual		0.982	0.991			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	18.940	0.205	92.592			
Hormone (TH)	-0.275	0.322	-0.855	1, 42.78	0.731	0.397
Cross-foster (yes)	-0.330	0.146	-2.268	1, 178.84	5.145	0.025
Proportion of TH nestlings	-0.297	0.482	-0.617	1, 54.90	0.381	0.540
Measurer 2	0.211	0.199	1.059			
Measurer 3	0.523	0.204	2.561	2, 204.00	3.357	0.037
Hormone × proportion of TH nestlings	-1.711	0.972	-1.762	1, 58.65	3.103	0.083

Sample size: n = 104 control and 117 TH-supplemented

[§] Singular fit (i.e. insufficient data to reliably estimate the variance)

Table S1 (cont.)

(d) Body mass at day 14 (n = 99 nestlings)						
Random effects:		Variance	Std. Dev.			
Nest of origin (n=34)	Intercept	0.310	0.557			
Nest of rearing (n=19)	Intercept	0.228	0.477			
Residual		0.801	0.895			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	18.603	0.176	105.693			
Hormone (TH)	0.099	0.303	0.747	1, 22.45	0.130	0.722

(e) Tarsus length at day 14 (n = 99 nestlings)						
Random effects:		Variance	Std. Dev.			
Nest of origin (n=34)	Intercept	0.132	0.363			
Nest of rearing (n=19)	Intercept	0.000 [§]	0.000 [§]			
Residual		0.283	0.532			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	23.199	0.238	97.313			
Hormone (TH)	0.157	0.175	0.899	1, 27.77	0.808	0.376
Measurer 2	-0.488	0.265	-1.845			
Measurer 3	-0.066	0.256	-0.258	2, 61.90	4.014	0.023

Sample sizes: n = 50 control and 49 TH-supplemented

[§] Singular fit (i.e. insufficient data to reliably estimate the variance)

Table S2. Linear mixed models of blood oxidative stress biomarkers in response to prenatal TH-supplementation.

(a) total GSH $\mu\text{mol}/\text{mg protein}$ (n = 58 nestlings)						
Random effects:		Variance	Std. Dev.			
Nest of origin (n=29)	Intercept	0.031	0.177			
Nest of rearing (n=18)	Intercept	0.050	0.223			
Residual		0.044	0.210			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	-1.492	0.114	-13.148			
Hormone (TH)	0.014	0.105	0.128	1, 15.46	0.016	0.900
GSH assay batch	0.221	0.145	1.526	1, 16.57	2.328	0.146
(b) GSH:GSSG ratio (n = 58 nestlings)						
Random effects:		Variance	Std. Dev.			
Nest of origin (n=29)	Intercept	0.210	0.458			
Nest of rearing (n=18)	Intercept	0.031	0.175			
Residual		0.134	0.367			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	-3.106	0.181	-17.207			
Hormone (TH)	-0.171	0.243	-0.703	1, 16.75	0.456	0.509
Body mass	0.106	0.059	1.794	1, 41.88	2.986	0.091
Proportion of TH-nestlings	-0.173	0.462	-0.375	1, 21.30	0.124	0.728
GSH assay batch	0.133	0.237	0.561	1, 16.87	0.307	0.587
Hormone \times Proportion of TH-nestlings	1.787	0.926	1.930	1, 19.81	3.553	0.074
(c) MDA nmol/$\mu\text{g protein}$ (n = 59 nestlings)						
Random effects:		Variance	Std. Dev.			
Nest of origin (n=30)	Intercept	0.004	0.059			
Nest of rearing (n=18)	Intercept	0.004	0.060			
TBARS batch (n = 6)	Intercept	0.100	0.317			
Residual		0.039	0.198			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	-3.286	0.135	-24.340			
Hormone (TH)	0.036	0.067	0.536	1, 16.86	0.287	0.599

Sample sizes:

total GSH and GSH:GSSG ratio, n = 26 control and 32 TH-supplemented

MDA, n = 26 control and 33 TH-supplemented

Table S3. Linear mixed models of blood plasma thyroid hormones growth in response to prenatal TH-supplementation.

(a) T3 pmol/ml (n = 24 nestlings)						
Random effects:		Variance	Std. Dev.			
Nest of origin (n=18)	Intercept	0.054	0.232			
Nest of rearing (n=11)	Intercept	0.127	0.357			
Residual		0.132	0.363			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	1.218	0.147	8.273			
Hormone (TH)	-0.026	0.202	-0.128	1, 7.37	0.016	0.902

(b) T4 pmol/ml (n = 24 nestlings)						
Random effects:		Variance	Std. Dev.			
Nest of origin (n=18)	Intercept	0.738	0.859			
Nest of rearing (n=11)	Intercept	2.934	1.713			
Residual		5.721	2.392			
Fixed factors	Estimate	SE	t	df	F	p
Intercept	7.452	0.758	9.837			
Hormone (TH)	-0.041	1.113	-0.037	1, 6.57	0.001	0.973
Sex	2.101	1.119	1.877	1, 14.99	2.532	0.132

Sample sizes: n = 11 control and 13 TH-supplemented