## FULL BODY MODEL - DESCRIPTION

Table S1. Model Fundamentals

| Design | In house developed full body model and location protocol. |
| :--- | :--- |
| Degrees of freedom | All joints/segments : 6 |
| Optimisation | Segment optimisation - Software generic. <br> See Visual 3D documentation at <br> http://www.c-motion.com/v3dwiki/index.php? title=Six_Degrees_of Freedom and ${ }^{1}$ |
| Kinetic calculations | Mass, moments of inertia and center of gravity calculated according to ${ }^{2}$ (see Visual 3D documentation at http://c- <br> motion.com/v3dwiki/index.php/Segment_Geometry |

Table S2. Landmarks

| $\begin{gathered} \text { Landmark ID } \\ \text { (^bilateral/side) } \end{gathered}$ | Location | Location method | Function |  | Type |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Definition | Tracking |  |
| $\wedge$ ASI | Superficial on skin surface such that marker body is anterior to prominent anterior edge of iliac crest. | Palpation | Yes | Yes | Marker |
| $\wedge$ PSI | Superficial to palpable prominence at posterior edge of iliac crest. | Palpation | No | Yes | Marker |
| $\wedge$ ^ASI2 | Superficial and lateral to proximal border of iliac crest. | Palpation | No | Yes | Marker |
| ${ }^{\wedge}$ VPSI | PSI projected by half marker radius perpendicular to contralateral PSI in plane connecting PSIs and mid point between ASIs. | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ VASI | ASI projected by half marker radius perpendicular to contralateral ASI in plane connecting ASIs and mid point between PSIs. | Calculation | Yes | No | Derived |
| ${ }^{\wedge} \mathrm{HJC}$ | Hip joint centre - at the following distances from mid-point between VASI markers (Pelvis origin) in pelvis coordinate system (see Pelvis): <br> $\mathrm{AP}($ in mm$)=-0.24 \mathrm{PD}-9.9$ <br> $\mathrm{ML}($ in mm$)=0.28 \mathrm{PD}+0.16 \mathrm{PW}+7.9$ <br> Axial $($ in mm $)=-0.16 \mathrm{PW}-0.04 \mathrm{LL}-7.1$ <br> Where PD = Pelvic depth: the distance between the mid points of VASIs and VPSIs <br> PW = Pelvic width : distance between left and right VASIs <br> LL $=$ Leg Length : distance between the ASI and VANM via the VKNM ${ }^{3}$ | Calculation | Yes | No | Derived |


| $\begin{gathered} \text { Landmark ID } \\ \text { (^bilateral/side) } \end{gathered}$ | Location | Location method | Function |  | Type |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Definition | Tracking |  |
| ${ }^{\wedge}$ TRO | Lateral and superficial to the centre of the palpated prominence of the greater trochanter when standing in calibration posture. | Palpation | No | Yes | Marker |
| $\wedge$ TH1 | Anteriorly on thigh, approximately $1 / 3$ distance between hip and knee. | Visualisation | No | Yes | Marker |
| ${ }^{\wedge} \mathrm{TH} 2$ | Anteriorly on thigh, 50 mm (approx.) above the patella when relaxed in standing. | Visualisation | No | Yes | Marker |
| ^TH3 | Laterally on thigh, approximately mid distance between hip and knee | Visualisation | No | Yes | Marker |
| $\wedge$ TH4 | Lateral on thigh, between TH3 and TRO | Visualisation | No | Yes | Marker |
| ${ }^{\wedge} \mathrm{KNL}$ | At the bony prominence of the lateral femoral condyle, to form the lateral end of a 'knee axis' with ^KNM. | Palpation | Yes | Yes | Marker |
| ${ }^{\wedge} \mathrm{KNM}$ | At the bony prominence of the medial femoral condyle, to form the medial end of a 'knee axis' with ^${ }^{\wedge}$ KNL. | Palpation | Yes | No | Marker |
| ${ }^{\wedge}$ VKNL | KNL projected by half marker radius in direction of KNM. | Calculation | Yes | No | Derived |
| $\wedge$ VKNM | KNM projected by half marker radius in direction of KNL. | Calculation | Yes | No | Derived |
| ${ }^{\wedge} \mathrm{KJC}$ | Mid point between KNL and KNM. | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ SHA1-4 | Set of four markers placed anteriorly and posteriorly on lower $1 / 3$ of the shank positioned to avoid excessive rotation due to individual tendon/muscle protrusion on dorsi/plantar flexion. | Visualisation | No | Yes | Marker |
| ${ }^{\wedge}$ ANL | At most lateral point on lateral malleolus, to form the lateral end of the 'ankle' axis with $\wedge$ ANM. | Palpation | Yes | No | Marker |
| $\wedge$ ANM | At most medial point on medial malleolus, to form the medial end of the 'ankle' axis with $\wedge$ ANL. | Palpation | Yes | No | Marker* |
| ${ }^{\wedge}$ VANL | ANL projected by half marker radius in direction of ANM. | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ VANM | ANM projected by half marker radius in direction of ANL. | Calculation | Yes | No | Derived |
| $\wedge$ AJC | Mid point between ANL and ANM |  |  |  |  |
| ^TOE | At a point approximating position of second metatarsal head on dorsum of shoe | Palpation /Visualisation | Yes | Yes | Marker |
| ${ }^{\wedge} \mathrm{MT} 1$ | On dorsum of shoe at a point approximating position of first metatarsal head. | Palpation /Visualisation | Kinetic only | Yes | Marker |
| ${ }^{\wedge} \mathrm{MT} 5$ | On dorsum of shoe at a point approximating position of fifth metatarsal head. | Palpation /Visualisation | Kinetic only | Yes | Marker |
| ${ }^{\wedge} \mathrm{FT} 3$ | On dorsum of shoe proximal to MT1 and MT5. | Palpation /Visualisation | No | Yes | Marker |


| $\begin{gathered} \text { Landmark ID } \\ \text { (^bilateral/side) } \end{gathered}$ | Location | Location method | Function |  | Type |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Definition | Tracking |  |
| ${ }^{\wedge} \mathrm{HEE}$ | On heel counter, approximately 15 mm from ground, centrally when viewing from a posterior position along the long axis of the shoe to form the longitudinal axis of the foot with TOE | Measurement /Visualisation | Yes | Yes | Marker |
| ${ }^{\wedge}$ TOEvert | Projection of TOE onto laboratory floor. | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ HEEvert | Projection of HEE onto laboratory floor. | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ HEElat | Projection of HEEvert laterally in pelvis coordinate system. | Calculation | Yes | No | Derived |
| STRN | Anterior and superficial to sternal notch | Palpation | Yes | Yes | Marker |
| XYPH | Superficial to xyphoid process | Palpation | Yes | Yes | Marker |
| C7 | Superficial to seventh cervical vertebra | Palpation | Yes | Yes | Marker |
| LUM | Lumbar region, superficial to the spine at point of maximum curvature. | Palpation | Yes | Yes | Marker |
| LowerTorso | Mid point between XYPH and LUM | Palpation | Yes | No | Marker |
| UpperTorso | Mid point between STRN and C7 | Palpation | Yes | No | Marker |
| ${ }^{\wedge}$ SHA | Anterior to the approximate shoulder joint centre. | Palpation/ Visualisation | Yes | Yes | Marker |
| $\wedge$ ACR | Vertically above the acromium process | Palpation | Yes | No | Marker * |
| ${ }^{\wedge} \mathrm{SJC}$ | Projection of SHA onto the plane made by R \& LACR and the vertical projection of RACR. | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ UPA | On the posterior upper arm approximately half way between the shoulder and elbow. | Visualisation | No | Yes | Marker |
| ${ }^{\wedge}$ ELL | Superficial to the lateral condyle, placed with the arm hanging to the side of the body | Palpation | Yes | Yes | Marker |
| ${ }^{\wedge}$ ELM | Approximately superficial to the medial condyle, placed with the arm hanging to the side of the body to form an axis through the elbow with ELL | Palpation | Yes | No | Marker <br> * |
| ${ }^{\wedge}$ VELL | ELL projected by half marker radius in direction of ELM | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ VELM | ELM projected by half marker radius in direction of ELL | Calculation | Yes | No | Derived |
| ${ }^{\wedge}$ EJC | Mid point between ELL and ELM | Calculation | Yes | No | Derived |
| ${ }^{\wedge} \mathrm{HA} 1$ | Between $1^{\text {st }}$ and $2^{\text {nd }}$ metacarpals, approximately 15 mm from the metacarpal heads. | Palpation | Yes | Yes | Marker |
| ${ }^{\wedge} \mathrm{HA} 2$ | On the radial process of the wrist, to form a 'wrist axis' through the joint with HA3. | Palpation | Yes | Yes | Marker |
| ${ }^{\wedge} \mathrm{HA} 3$ | On the ulnar process of the wrist, to form a 'wrist axis' through the joint with HA2. | Palpation | Yes | Yes | Marker |
| ${ }^{\wedge}$ VHA2 | HA2 projected by half marker radius in direction of HA3 | Calculation | Yes | No | Derived |


| Landmark ID (^bilateral/side) | Location | Location method | Function |  | Type |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Definition | Tracking |  |
| ${ }^{\wedge} \mathrm{VHA} 3$ | HA3 projected by half marker radius in direction of HA2 | Calculation | Yes | No | Derived |
| ${ }^{\wedge} \mathrm{FIN}$ | HA1 projected distally $0.5^{*}$ distance between HA1 and midpoint of HA2 and HA3, along the line formed by HA1 and then midpoint of HA2 and HA3 | Calculation | Yes | No | Derived |
| $\wedge$ ^FHD | On band approximately 2 cm above brow line, vertically above corner of eye | Visualisation | Yes | Yes | Marker |
| ^BHD | On band approximately 2 cm laterally of bony protrusion on back of head | Palpation/ Visualisation | Yes | Yes | Marker |
| ${ }^{\wedge} \mathrm{HEC}$ | Mid point of line between FHD and BHD | Calculation | Yes | No | Derived |
| LFHD _proj | LFHD projected backwards in global coordinate system by 0.05 m | Calculation | Yes | No | Derived |
| ${ }^{\wedge} \mathrm{HEP}$ | HEC projected (upwards) onto plane defined by RFHD, LFHD and LFHD proj | Calculation | Yes | No | Derived |

* Marker removed following static calibration trial

Table S3. Segment definitions

| $\begin{aligned} & \text { Segment } \\ & \text { (^bilateral/ } \\ & \text { side) } \end{aligned}$ | Landmarks (derived landmarks in parentheses) | Origin | Axes |  |  | Geometry* <br> Joint radii | Tracking markers |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Flex/ext | Add/abd | Axial |  |  |
| Pelvis (V3D <br> Composite ${ }^{\text {a }}$ ) | LASI, RASI, LPSI, RPSI, LAS2, RAS2, (LVASI), (RVASI), (LVPSI), (RVPSI) | Midpoint between LVASI and RVASI markers | Parallel to line from origin to RVASI | Orthogonal to the flex/ext and axial axes. | Perpendicular to the plane defined by LVASI, RVASI \& the midpoint between LVPSI and RVPSI | See ${ }^{\text {a }}$ | LASI, RASI, LPSI, RPSI, LAS2, RAS2, VSAC |
| ${ }^{\wedge}$ Thigh | (VKNL), (VKNM), TRO, TH1, TH2, TH3, KNL (HJC) | HJC | Perpendicular to axial axis in plane defined by HJC, VKNL and VKNM | Orthogonal to axial and flex/ext axes | Line joining HJC and midpoint between VKNL and VKNM | Proximal: half distance between RTRO and LTRO | $\begin{gathered} \text { TRO, TH1-4, } \\ \text { KNL }^{\mathrm{b}} \end{gathered}$ |
| ${ }^{\wedge}$ Shank | (KJC), (VANL), (VANM), ANL, SK1-4 | KJC | Perpendicular to axial axis in plane defined by KJC, VANL and VANM | Orthogonal to Axial and Flex/Ext axes | Line joining KJC and midpoint between VANL and VANM | Proximal: half distance between VANL and VANM | $\begin{gathered} \text { SK1-4, KNL, } \\ \text { ANL }^{\text {b }} \end{gathered}$ |
| ${ }^{\wedge}$ Foot | $\begin{gathered} \text { (AJC), (VANL), } \\ \text { TOE, LHL, } \\ \text { HEE, MT5 } \end{gathered}$ | AJC | Perpendicular to axial axis in plane defined by AJC, VANL and TOE | Orthogonal to Axial and Flex/Ext axes | Line joining AJC and TOE | Proximal : distance between AJC and VANL, Distal : half distance between MT1 and MT5 | TOE, HEE, MT1, MT5, FT3 |
| ${ }^{\wedge}$ KMAT Foot | (HEEvert), (TOEvert), (HEElat), TOE, LHL, HEE, MT5 | HEEvert | Perpendicular to axial axis in plane defined by HEEvert, TOEvert and HEElat | Line joining HEEvert and TOEvert | Orthogonal to Add/Abd and Flex/Ext axes | NA | TOE, HEE, MT1, MT5, FT3 |


| $\begin{aligned} & \text { Segment } \\ & \text { (^bilateral/ } \\ & \text { side) } \end{aligned}$ | Landmarks (derived landmarks in parentheses) | Origin | Axes |  |  | Geometry* <br> Joint radii | Tracking markers |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Flex/ext | Add/abd | Axial |  |  |
| Thorax | (UpperTorso), (LowerTorso), STRN, XYPH, C7, LUM. | Upper <br> Torso | Perpendicular to axial axis, orthogonal to plane defined by UpperTorso, LowerTorso and STRN. | Orthogonal to Axial and Flex/Ext axes | Line joining UpperTorso and LowerTorso | Proximal : half distance between RSJC and LSJC <br> Distal : half distance between RASI and LASI | $\begin{gathered} \text { STRN, } \\ \text { XYPH, C7, } \\ \text { LUM } \end{gathered}$ |
| ^ Upper Arm | $\begin{gathered} \text { (SJC), UPA, } \\ \text { (VELL), } \\ \text { (VELM), SHA, } \\ \text { ELL } \end{gathered}$ | SJC | Perpendicular to axial axis in plane defined by SJC, VELL and VELM | Orthogonal to Axial and Flex/Ext axes | Line joining SJC to mid point between VELL and VELM | Proximal : distance between SJC and ACR | SHA, UPA, ELL |
| ${ }^{\wedge}$ Forearm | $\begin{gathered} \text { (EJC), (VHA2), } \\ \text { (VHA3), ELL, } \\ \text { HA2, HA3 } \end{gathered}$ | EJC | Perpendicular to axial axis in plane defined by EJC, VHA2 and VHA3 | Orthogonal to Axial and Flex/Ext axes | Line joining EJC to mid point between VHA2 and VHA3 | Proximal : distance between VELL and VELM | $\begin{gathered} \text { ELL, HA2, } \\ \text { HA3 } \end{gathered}$ |
| Hand | $\begin{gathered} \text { (FIN), HA1, } \\ \text { HA2, HA3, } \\ \text { (VHA2), } \\ \text { (VHA3) } \end{gathered}$ | Midpoint between VHA2 and VHA3 | Perpendicular to axial axis in plane defined by FIN, VHA2 and VHA3 | Orthogonal to Axial and Flex/Ext axes | Line joining FIN and midpoint between VHA2 and VHA3 | Distal : half distance between VHA2 and VHA3 | $\begin{gathered} \text { HA1, HA2, } \\ \text { HA3 } \end{gathered}$ |
| Head | (RHE),(LHE), <br> (Upper Torso), <br> LFHD, RFHD, <br> LBHD, RBHD | Mid point between RHE and LHE | Perpendicular to axial axis in plane defined by RHE, LHE and Upper Torso | Orthogonal to Axial and Flex/Ext axes | Line joining mid point between RHE and LHE and Upper Torso | Proximal : Half distance between LFHD and LBHD minus 1 marker diameter. Depth : half distance between LFHD and LBHD minus 1 marker diameter | LFHD, <br> RFHD, <br> LBHD, <br> RBHD |

${ }^{\text {a }}$ See http://www.c-motion.com/v3dwiki/index.php?title=V3D Composite Pelvis
${ }^{b}$ Data from repeatedly obscured markers excluded. Segments tracked with at least 3 non-collinear markers including at least 1 anterior and 1 posterior placed marker.

Table S4. Joint definitions / rotation sequences

| Joint / Segment angle name <br> (*bilateral) | Segment $^{\mathbf{b}}$ | Reference segment $^{\mathbf{b}}$ | Cardan sequence | Positive direction |
| :---: | :---: | :---: | :---: | :---: |
| Pelvis | Pelvis | Laboratory | Flex/ext - add/abd - int/ext rotation | Tilt - anterior <br> Obliquity - right down <br> Twist - right forwards |
| Hip* | Thigh | Pelvis | Flex/ext - add/abd - int/ext rotation | Flexion <br> Adduction <br> Internal rotation |
| Knee* | Shank | Thigh | Flex/ext - add/abd - int/ext rotation | Flexion <br> Adduction <br> Internal rotation |
| Ankle* | Foot | Shank | Flex/ext-add/abd-inv/ev rotation | Dorsiflexion <br> Adduction <br> Inversion |
| Virtual Ankle* | Virtual Foot | Virtual Shank | Flex/ext-inv/ev-add/abd | Dorsiflexion <br> Inversion <br> Adduction |

${ }^{\text {a }}$ Virtual segments are used for joint kinematics only.
${ }^{\mathrm{b}}$ Angles are calculated within the co-ordinate system of the reference segment.

## Table S5. System

| Capture system / software | Motion Analysis Corporation ${ }^{\text {a }}: 17$-camera Raptor/ Cortex version $6^{\text {a }}$ |
| :--- | :--- |
| Medium | Passive retro-reflective markers $: 12.7 \mathrm{~mm}$ with thin fabric base |
| Sampling frequency | 100 Hz |

Table S6. Processing

|  | Software |  |
| :--- | :---: | :--- |
| Eventing | Visual 3D $^{\mathrm{b}}$ | Kinematic algorithm (velocity-based, from ${ }^{4}$ ) |
| Filtering | Visual 3D $^{\mathrm{b}}$ | 7Hz-12Hz 4 4 ${ }^{\text {th }}$ order Butterworth, by marker ${ }^{5}$ |
| Interpolation | Cortex $^{\mathrm{a}}$ | Cubic spline / software-based virtual join ${ }^{\mathrm{a}}$ |

${ }^{a}$ Motion Analysis Corporation, Santa Rosa, CA, USA
${ }^{\mathrm{b}}$ C-Motion, Germantown, MD, USA
${ }^{\text {c }}$ Mathworks, Natick, MA, USA

## References

${ }^{1}$ Spoor CW. Rigid body motion calculated from spatial co-ordinates of markers. J. Biomech 1980; 13: 391-393.
${ }^{2}$ Hanavan Jr, EP. A mathematical model of the human body (No. AFIT-GA-PHYS-64-3). Air Force Aerospace Medical Research Lab Wright-Patterson Afb Oh, 1964.
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${ }^{4}$ Zeni Jr, JA., Richards, JG, \& Higginson, JS. Two simple methods for determining gait events during treadmill and overground walking using kinematic data. Gait Posture 2008, 27(4), 710-714.
${ }^{5}$ Giakas, G. Power spectrum analysis and filtering. Innovative Analyses of Human Movement, Champaign, IL: Human Kinetics, 2004.

